

DISCOVER  
**PATTAYA**



**Sun Sabella**  
Classical Thai Restaurant

*Dr Sunya Opening The Heavenly Pavilion at Sun Sabella*

**COMPLIMENTARY COPY**





## *The Heavenly Pavilion is now open at Sun Sabella*

By Gloria Jones

For anyone looking for a first-rate cigar here in Pattaya or those simply wishing to take it easy seated on plush leather chairs with ambient sounds in a truly restful location - look no further. We now have such a magical hideaway right here in Jomtien's Sun Sabella Resort on Thappraya road at the entrance to Sugar Hut by the Pratumnak turning.

The newest venue to be created for our delight and delectation by the resort's ever-engaging owner Dr Sunya The Heavenly Pavilion has 3 levels. On the ground floor, you will find photos of famous historical aficionados of the cigar such as possibly the most famous: Winston Churchill. Then alongside another cigar devotee: Fidel Castro photographed with a charming Thai lady we affectionately call Dr Grace. As well as being the sister to Aspasa Hongsakula who in 1965 whilst holder of the Miss Thailand title was crowned Miss Universe, Dr Grace has herself earned a place in the history books by being the first Thai lady to visit Cuba.





Dr Grace was one of the speakers at the opening ceremony and kept us all captivated when she described her meeting with the enigmatic Castro and how she went on to negotiate the importation of Cuban cigars into Thailand. It used to be that you had to go to the Sheraton in Bangkok to find these cigars but now you don't have to travel to the capital. Along with a range from many countries, Cuban cigars can now be found right here in Pattaya at The Heavenly Pavilion with accompanying spirits of the same fine quality.



On the 2nd floor of the Pavilion, there is yet more opulent comfort and my favourite piece of furniture a charming writing desk complete with traditional, library lamp. Perhaps an idea for my next office - a place to escape the talk of variants and pandemics whilst enjoying some peace and tranquillity! This level has yet more of the lovely music selected by Thomas Reimer the resident guitarist at The Jazz Pit (another popular hang out at the resort).

Then for those willing to go further and take on the spiral staircase to the third floor, your efforts will be rewarded when you are afforded wonderful views over Sun Sabella and right across the Sugar Hut Resort. This marvellous treehouse setting puts you right amongst the magnificent tall trees donated to Dr Sunya by Queen Sirikit the Queen Mother herself and is where you can enjoy the wonderful natural breeze.

To commemorate the opening of this truly spectacular new addition not just to Sun Sabella but the city of Pattaya itself there was a Grand Opening with ribbon cutting at each level. In attendance, a host of honoured dignitaries included General Paibool Khumchaya, Privy Councillor, General Niphon Pharunnit, PIC Group Consultant and Mr Banpot Hongthong, Former Permanent Secretary Ministry of Agriculture & Cooperatives. It was Discover Pattaya's honour to be part of this prestigious event and we urge everyone to have a look around the beautiful grounds of Sun Sabella - a truly wonderful space for us all to enjoy.



Thank you to **AusThai**  
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# DISCOVER PATTAYA

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## *This Month in Discover Pattaya*

Happy New Year Everyone,

Is it me or do we seem to be living in a bit of a re-run? Over the last couple of months, there has been a real sense of the city opening up again and changing for the better. In fact, our cover story features a wonderful event for Pattaya with a beautiful new cigar lounge at the Sun Sabella Resort. We also have Marco's and Simpson Marine reporting their best December ever! However, just as we saw 12 months ago, the pandemic has made it clear that it is not finished with us quite yet.

At time of going to press we are waiting to see what changes may yet be implemented on January 4th. In the meantime, let's celebrate the return of dear friends many of whom have been away from Pattaya for up to 2 years. They sagely opted to fly in during a window of opportunity while the quarantine period was only 1 day (for the fully vaccinated). Welcome back to Pattaya!

To you and to all our readers, friends and collaborators we wish a very Happy 2022, and please continue to support local businesses.

Gloria x  
gloria@pattayatrader.com



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# DISCOVER PATTAYA



Since 1st November 2021, arrivals finally coming to Pattaya have not for the most part been international tourists but rather longer stay residents with annual visas and property. People who have been patiently waiting to return without having to endure lengthy quarantine.

Pattaya Trader for over 21 years and now Discover Pattaya have a strong connection with exactly these expats, local and long term residents

So while we all wait with bated breath to see the results of the Omicron variant on tourism this year. Remember we can help you, connect to our loyal readers who are already here and happy to hear about you..

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# WHAT'S NEW FOR 2022

— DISCOVER —  
**PATTAYA**

**PATTAYA**  
**TRADER**

First of all, we would like to say a heartfelt thank you to all our readers, advertisers and contributors for all the support and encouragement you have given Discover Pattaya and Pattaya Trader during a very arduous 2021. Here's hoping we can all move forward to a brighter more successful 2022..

If you already have a business here in Pattaya or are considering opening one we believe we can help you grow and prosper. We shall certainly do our best and we hope that you may find some of these ideas a good way to kick start what's new in 22!



For quite some time now Barry and Gloria have created a monthly video as a synopsis of what can be found within the pages of the Discover Pattaya magazine and on the Pattaya Trader website. If you have missed any of these or have a few boring moments to fill (haha) please go to our Youtube channel: "Pattaya Trader" where you can still view them.

New for 22 we are additionally offering individual professional videos beautifully filmed and presented.

Available for your specific business, hotel, restaurant or company, these can include an interview with your CEO, Owner or Manager and really show off your team and your company in the very best possible light. Great to have on your website, social media and of course shared throughout ours. For more information:

Contact Gloria - [gloria@pattayatrader.com](mailto:gloria@pattayatrader.com) phone 0837 683696 or LINE [gloriajonespattaya](https://www.line.me/tv/channel/00000000000000000000)



## E MAGAZINE

During 2020 and 2021 with all the rules and restrictions placed on us because of this dreadful virus, we have prided ourselves on being able to continue to put out a monthly printed edition. This has sometimes been extremely challenging as certain lockdown months have meant that some of our usual distribution points have been closed. At these times we have elected to concentrate on our supermarket partners - after all everyone needs food even during a lockdown!

Needless to say, our magazines are quickly snapped up like the proverbial hotcakes. So if you ever feel frustrated by the fact that you haven't been able to pick up a printed edition please remember you can view the magazine easily by going to [pattayatrader.com](http://pattayatrader.com) We have spent a lot of time and effort in the past year refining the online magazine so that it is hopefully now extremely easy to use, download and view - even on a mobile phone.



This is true not only for the current month but also for previous editions. If you go to the **BACK ISSUES** page you will also be able to find view at least 2 years worth of back copies.

## DISCOVER PATTAYA DINING

Some Pattaya sports bars and restaurants have asked us to include discount vouchers on our pages. To date, we have resisted doing this not liking the idea of having pages torn from our beautiful glossy magazine. Also, I thought it a somewhat old fashioned, down-market method of marketing with memories of older generations coupon cutting whilst on holidays abroad.



However, the success of recent takeaway services has focussed on deals that have proved popular and brought the idea back into fashion so that it now seems to be a good way to introduce new customers to your business. Therefore new for 22 is a flyer that will be given with each and every Discover Pattaya magazine headed Discover Pattaya's Dining Discounts and that will include a selection of discount offers. As we have mentioned with the combined force of the well established Pattaya Trader online followers and the very well received upmarket Discover Pattaya printed magazine we are uniquely placed to help you reach the have a unique opportunity

**Contact Gloria - [gloria@pattayatrader.com](mailto:gloria@pattayatrader.com) phone 0837 683696 or LINE [gloriajonespattaya](#)**

## MONTHLY NEWSLETTER

One of the advantages of having a long-established database is that it can provide a well-focussed marketing aid for you to piggyback on, Pattaya Trader's extensive listing of customers, businesses, residents (both Thai and ex-pat) provides exactly that. Email messaging has for a while now been a successful alternative to online marketing but it takes time and effort to put out content that won't go straight to the Junk folder or be unsubscribed from. With our listing of direct email addresses and experience at journalistic copy that can be enticing to both the people already living in Pattaya and those who would like to visit we can provide something fresh and exciting each month that readers will want to open.

**Contact Gloria - [gloria@pattayatrader.com](mailto:gloria@pattayatrader.com) phone 0837 683696 or LINE [gloriajonespattaya](#)**

## DIGITAL MARKETING AND SOCIAL MEDIA

During the pandemic social media has become more important than ever and we have found our 3 Facebook sites really growing as a result. Pattaya Trader Page, Pattaya Trader Group and Pattaya Trader Expat Ladies Group we hope provide interesting content and information for our many followers. Please check them out and join as they are for you the Pattaya Community to enjoy and of course you can direct message us with any ideas through these pages.



It certainly seems that the majority of arrivals into Pattaya since the 1st of November appear to be people who have been waiting for some time to re-enter Thailand without having to quarantine. Holders of long term visas, retirement, Elite visas, work permits etc. Many have kept in touch with Pattaya through viewing our magazine online. It may be that we do not see the return of international tourists in any great numbers until well into 2022 - perhaps into Easter holidays and the Songkran period. Therefore in the meantime let us help you reach out to the resident community of people already living in Pattaya and those who hope to visit soon.

**Contact Gloria - [gloria@pattayatrader.com](mailto:gloria@pattayatrader.com) phone 0837 683696 or LINE [gloriajonespattaya](#)**





# Coming Soon to The Small Screen



## Billions season 6

Now that Bobby Axelrod has left, Mike Prince takes control of the firm and becomes a new target for Chuck Rhoades.



## Ozark season 4

The Byrdes now have to report directly to the cartel's head honcho in this final season.



## Snowpiercer Season 3

Layton continues to fight to control the 1033 car super train back from Mr. Wilford.



## Monarch

The Romans have been at the top of the country music scene for some time but now find their reign in jeopardy.



## The Tragedy of Macbeth (movie)

Denzel Washington and Frances McDormand star in a movie version of the play by William Shakespeare directed by Joel Coen.



## Peacemaker

John Cena returns as the DC Comics character Peacemaker in this spin-off series from the Suicide Squad.





# Coming Soon to The Big Screen



## Ghostbusters: Afterlife

Finn Wolfhard, Mckenna Grace, Carrie Coon, Sigourney

After moving to a new town a single Mum and her kids find out that they are connected to the original Ghostbusters.



## Peter Rabbit 2

James Corden, Margot Robbie, Elizabeth Debicki, Aimee Horne

After running away from his human family Peter meets an older rabbit who gets him involved in a robbery.



## Clifford the Big Red Dog

Darby Camp, Jack Whitehall, Izaac Wang, John Cleese.

Emily Elizabeth is given a little red puppy by a magical animal rescuer, but the following morning she finds that it's grown into a giant ten-foot dog.



## Queenpins

Kristen Bell, Lidia Porto, Joel McHale, Kirby Howell-Baptiste

Comedy about a housewife and her best friend who start an illegal coupon club that rakes in millions and is pursued by a loss-prevention officer and a U.S. postal inspector.



## Morbius

Jared Leto, Adria Arjona, Michael Keaton, Matt Smith

Whilst trying to cure himself of a rare blood disease Biochemist Michael Morbius becomes infected with a form of vampirism.



## Scream

Matt Bettinelli-Olpin, Tyler Gillett, Neve Campbell, Courtney Cox

After a year has passed since the murder of her mother the teenage daughter is terrorized by a killer. Remake based on the original slasher franchise.





# Best Small Screen 2021

If you missed any of these last year they are well worth catching up on.



**Squid Game**

Desperate contestants risk their lives to win a massive cash prize in this Korean Netflix hit.



**The Serpent**

The chilling and true story of a conman and murderer Charles Sobhraj set in Thailand during the '70s.



**The Crown Season 4**

Olivia Colman continues as Queen Elizabeth II with Claire Foy returning for flashbacks.



**Lupin**

Modern-day French drama inspired by the fictional character Arsene Lupin thief and master of disguise.



**Queen's Gambit**

Story on the rise of orphaned chess prodigy Beth Harmon, continues to be popular.



**Giri/Haji**

A Tokyo detective tries to find his missing brother on the streets of London, deserved 100% score on Rotten Tomatoes.





# Best Big Screen 2021

If you missed any of these last year they are well worth catching up on.



## Dune

Timothée Chalamet, Rebecca Ferguson, Oscar Isaac, Josh Brolin.

The latest version of this Sci-Fi/Adventure seems to be more faithful to the original novel.



## The Power of the Dog

Benedict Cumberbatch, Kirsten Dunst, Jesse Plemons

A domineering rancher Phil Burbank torments the new wife and son his brother brings back home, but unexpectedly find himself exposed to the possibility of love



## House of Gucci

Lady Gaga, Adam Driver, Al Pacino, Jeremy Irons.

Biographical crime drama about the famous Gucci fashion family and Patrizia Reggiani who meets Maurizio Gucci at a party.



## No time to Die

Daniel Craig · Léa Seydoux · Rami Malek · Lashana Lynch

Bond is brought back out of retirement by old CIA friend Felix Leiter to track down a mysterious villain.



## Tick, Tick.....Boom!

Andrew Garfield, Vanessa Hudgens, and Joshua Henry

Musical by Jonathan Larson about an aspiring young composer trying to make it in New York City in the '90s.



## Quo Vadis, Aida?

Boris Isakovic, Boris Ler, Dino Bajrovic, Emir Hadzihafizbegovic  
Aida is a translator working for the UK in the small town of Srebrenica when the Serbian army takes over the town.



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table PE ratan  
steel frame

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steel frame PE  
ratan with  
cushion

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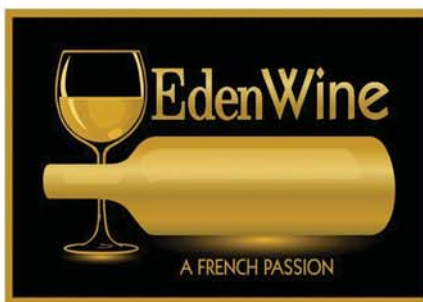
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# Crush Wine & Cocktail Lounge

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Imagine a place where you immediately feel comfortable the minute you walk in. Spacious but intimate, subdued colours but not dark, leather seating, cool music but not too loud, a comfortable lounge with professional cocktail mixologist, excellent wines by the glass; all in a professional and refined ambience.

Congratulations! You have just walked into Crush, Pattaya's new Wine & Cocktail Lounge located inside Pepper & Salt Restaurant on Khao Talo.

Crush has been tastefully designed and decorated to provide a subtle elegance for an appreciative audience to enjoy innovative and traditional cocktails, savour exceptional wines and enjoy tasty Tapas and delicatessi of cold cuts and speciality cheeses.

**Cocktails;** The anticipation of enjoying a good cocktail is high on most people desires. Maybe a reliable favourite or perhaps a new creation. The Crush mixologist is top in his field with vast experience. He can suggest something to suit your mood, then sit back and enjoy the anticipation of watching a true professional at work.





**Wines;** Crush has a very special selection of wines by the bottle, each chosen for its unique characteristics and taste but if you are not sure which bottle to order, Crush has a state-of-the-art wine cooler with 8 exceptional wines by the glass. Enjoy a fresh fruity Chablis to start and then progress to a flamboyant glass of structured red before finishing with a complex, full bodied glass to finish. Watch out for regular wine tasting events and sign up for the Crush Flight Club to receive details about new wines or special promotions.

**Eating;** The specialities of Crush are innovative and tasty Tapas and speciality charcuteries, or cheeses accompanied by delicious fresh bread from their own bakery. However, if you prefer, the full menu from Pepper & Salt is also available including their amazing weekly special.



**Ambience:** Crush has been created to offer a haven to aficionados of fine food, exceptional drinks and pleasant company to enjoy their pleasure in a calm and comfortable atmosphere.

Cool jazz or Blues music, comfortable seating, a great cocktail bar and attentive service are the components that have been combined to create this enchanted spot.

Crush – Pattaya’s new Wine & Cocktail Lounge ideal for relaxed times. Also available for private gatherings and parties.



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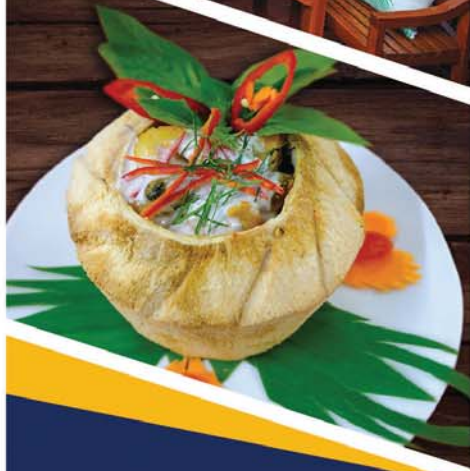
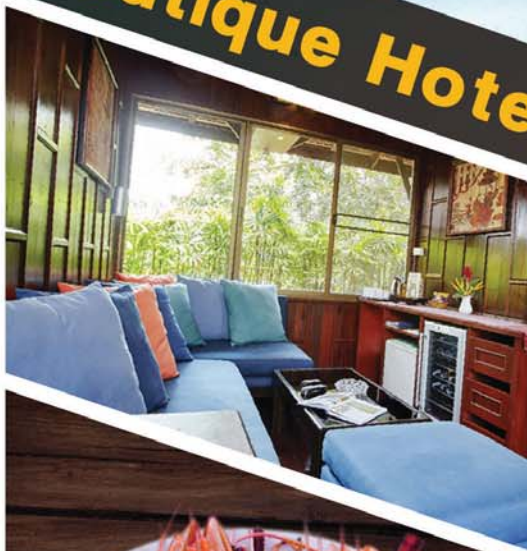
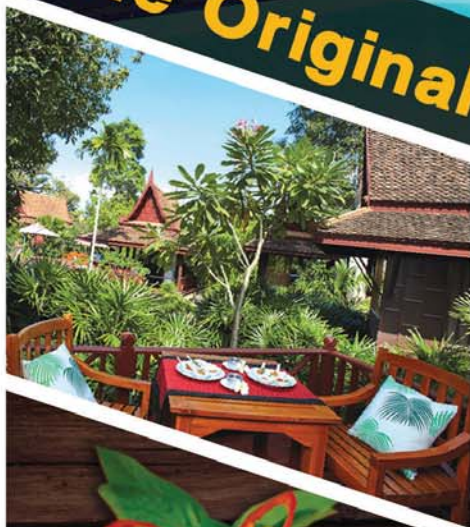
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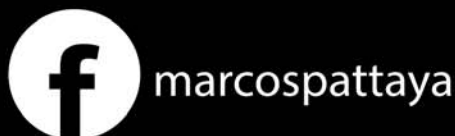
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# The Coffee Detective Visits Pattaya's 2 Day Event Coffee on the Beach



Interest and the consumption of coffee in Thailand is growing at 10-12% per year and speciality coffee has become an important sector of the market. Pattaya is no exception to this trend with speciality coffee shops and roasters joining established businesses every month. The "Coffee on the Beach 2021" weekend event was a further indication not only of the increase in the appeal of the market, but especially in the quality and vast choice of the coffee now being served.



There was an amazing number of variations to choose from with each Coffee Roaster extolling the virtues and special flavours of their speciality blends and roasts. Whilst virtually every coffee producing country was represented in these blends, the Coffee Detective is particularly partial to Thai blends with Chiang Mai and Chiang Rai both being well represented.



Kyto or Slow Drip appears to be the great 'fashion' style in Thailand at the moment, but I remain a purist and loyal to my double espresso. The two best that the Coffee Detective sampled were the special Strawberry Blend from Sunset Coffee Roasters from Chianat (but soon to open a branch in Pattaya) and a really lovely Chiang Rai medium roast from Kohi Roastery from Bangkok. Both were exceptional espressos bursting with subtle flavours and characteristics.

Naturally our Pattaya local roasters Benjamit's, Thai Coffee Lounge and Ordinary coffee were well represented at this superbly organised event. I really hope that 'Coffee on the Beach' will be repeated again soon!





Coffee on the beach 2021 was a well attended 2-day event held at the end of last month and the Coffee Detective was there to check it out





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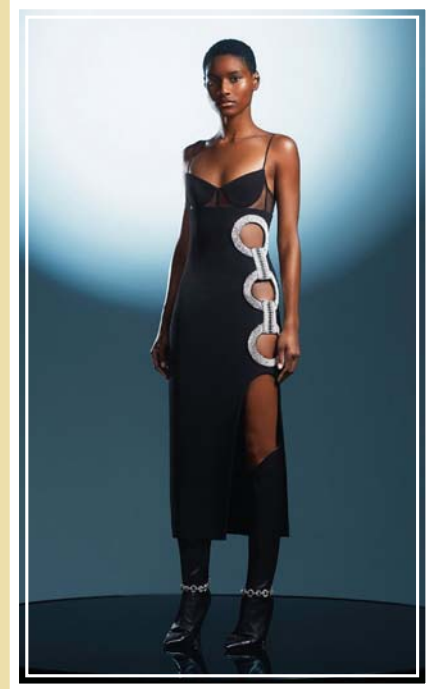
# Fashion Trends for 2022

Western fashion trends for Autumn/Winter seasons don't seem to translate too well here in Thailand. We have few opportunities to cover ourselves up with hats, scarves and coats. Even donning boots seems more appropriate to the rainy season! However, as far as general trends for Spring/Summer 2022 are concerned here are a few that may well find their way to Pattaya.



## **SPARKLE**

Following on from New Year's Eve you can still continue to sparkle as 2022 brings an abundance of sequin dresses



## **CUTOUTS**

This trend was all over the catwalks and may well become a favourite here in Thailand.



## **YELLOW**

Yellow is a strong fashion colour for 2022. Everything from the palest to the brightest with the most popular shade being the Pantone "Popcorn" a mellow, buttery yellow.



## **BRA TOPS**

Celebrities have already been seen wearing these with oversized blazers and jeans and although the bold may go with bras as outerwear a safer version may well be the Bralette as seen below.

*Also worthy of note: Fringing is still very popular, also striped and mesh or net.*



# “Rosinka” International Russian School of Ballet and Contemporary Dance

By Andrew Seymour

Over the past few years, Pattaya and the Eastern Seaboard has become more of a family oriented city with specialist family support businesses popping up everywhere. One of these little gems is the “Rosinka” International Russian School of Ballet and Contemporary Dance which has been successfully operating in Pattaya for 11 years. Owner and Artistic Director, Ms Ekaterina Benderskaya, is from a well known family of choreographers in St Peterburg. Her mother, Lybov Benderskaya graduated from the Academy of ballet in the name of Agrippina Vaganova established in 1878. Ekaterina and her younger sister, Anastassiya also graduated from the St Peterburg National Institute of Culture specialising in ballet choreography. Now, Ekaterina runs Rosinka in Pattaya while Anastassiya runs the school in St Peterburg.



Recently Rosinka Pattaya relocated it's operation to the dance studio in the Pullman G Hotel on Wong Amat Beach. We caught up with Ekaterina recently who explained more about her school.

“Children are taught dance according to the best, world renowned, traditional Russian systems Our school employs only professional teachers with a higher education diploma, and the educational process is clearly built in accordance with the high requirements of the Ministry of Education and Science of the Russian Federation. Russian ballet education is rightfully recognized as the best in the world. We work according to the methodology of the legendary teacher Agrippina Vaganova, recognised throughout the ballet world as fundamental for teaching ballet. The program of our school is approved by the “St. Petersburg City Methodological Association of Choreographers”, says Ekaterina. “The school has competed in numerous International Grand Prix dance contests and is a multi-award winner in competitions in Asia and Europe.” she continued. “We teach children from ages 3 to 17 from a wide range of nationalities here in the school with programs such as Baby-Ballet, Childrens Ballet, Ballet Stretching, Classical Ballet as well as contemporary dance.”

During the 11 years of operation, the school has had the chance to show the quality and high education standards by performing at many functions both here in Pattaya as well as Embassy events in Bangkok. The pandemic did not deter the children's enthusiasm for dance and practice sessions were held online 4 days a week for 3 hours each day.



Rosinka will again compete in the annual A.T.O.D International Dance Competition held in Bangkok at the Pullman King Power in April 2022 and all the students are practising their routines in order to start filling up the trophy cabinet again. Ekaterina believes dance training builds strength of character, as well as strength of body, qualities that will stay with her students throughout their lives. She hopes that the students who pass through her school will remember the great times they had for many years to come.

For more details, you can contact Rosinka on the following  
Facebook @PattayaDanceStudio  
WhatsApp +7 985 550 0281  
WeChat +66 852 189 183



# A.T.O.D.

# 2021



International Dance Competition Bangkok Thailand





## GOLF ROUND UP

**M**uch like the football calendar, it's hard to know where one season ends and another begins in the world of golf. Still, this time of the year gives us some sort of closure on the events of the last twelve months so let's take a look back and see who made the headlines in 2021. Patrick Cantlay from the USA won three times in four months, including twice in the Fed Ex play-offs, to not only win that multi-million dollar prize but steal the golfer of the year award from under the nose of front runner Jon Rahm.

The four majors started at the Masters in April with an historic win for Hideki Matsuyama, the first player from Japan to win a men's major tournament. This will surely inspire the new generation of golfing mad Japanese to follow in his footsteps and I think we can expect some news stars to join Matsuyama on the PGA tour in the future.

Jon Rahm cemented his place as world number one and Europe's best player by winning the US Open at the notoriously difficult Torrey Pines with a fantastic last round of 68, four under par for the day, to win by one shot. The first player in the history of the event to close and win with two birdies, Rahm showed what a competitor he is and will surely compete in many more majors.

The British Open was won by Colin Morikawa, who continued his phenomenal rise to the top of the game by winning at Royal Saint George's at the first time of asking. He also won the 2020 US PGA on debut and is the first player in the history of the game to win two majors on his first appearance.

He has since continued playing well and winning and is making his way to being the world number one. Another young player who will be a major force in the game for years to come.

If the results of the first three majors in the season were not enough, we had the remarkable sight, in the US PGA, of Phil Mickelson winning his sixth major championship at the age of 51 years and 11 months, making him the oldest winner ever of a major.





Mickelson has had a brilliant career, with 45 wins on the PGA tour and is the only golfer to give Tiger Woods some serious competition when Tiger was in his heyday. Speaking of Tiger, after the serious injury he sustained in the car crash he was involved in last February, it now seems highly unlikely that he will compete again in any meaningful way. Suffice to say that we have witnessed the career of one of the very best golfers that have ever played the game and the popularity of the tour today is due in large part to his influence over the years. What to make of the Ryder Cup? I personally am losing my taste for it because of the jingoistic and over zealous behaviour from both the players and supporters.



Looking at it purely as a competitive event though, team Europe got a drubbing at Whistling Straits in September and with the average age of the USA team being so much lower than the European side, it looks like Europe may struggle for some years to come. Europe do have both Jon Rahm and Victor Hovland to count on for some time but the rest of the places will take some filling and a new young team will need to be built around the two stars.

Golf has never been so competitive as it is now and the new season promises some great action for fans everywhere. Hopefully here in our home city of Pattaya everything returns to normal and we can enjoy a beer along with our golf in the many sports bars and restaurants that we have available. Good luck for the coming year and let's hope it improves from 2021!

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# Simpson Marine ASIA'S BIGGEST JUST GETS BIGGER

Long established as the region's largest dealer, Simpson Marine has already confirmed 2021 its record sales year. And even with the staff count across seven countries and regions now topping 130, the company founded and still led by Mike Simpson has plans to expand.

He says: "In parts of Asia, the restrictions brought sales to a standstill and recovery was slower but in the third quarter of 2021, sales orders reached unprecedented levels and this will be our best year ever. Orders for 2022 are also looking very strong."

The company's sales in Hong Kong post-Covid are about 50 per cent up on the previous average and helped to maintain the company's business when countries in Southeast Asia were far more affected by lockdowns, although the company says these other markets, most notably Singapore, are recovering.

Furthermore, the company's staff, which has averaged about 100 in recent years, has risen to 130 in its offices and service centres across seven countries and regions: Hong Kong, China (Sanya, Shenzhen), Taiwan (Kaohsiung, Penghu), Singapore, Malaysia (Port Dickson) Indonesia (Jakarta, Bali) and Thailand (Pattaya, Phuket),





Mike Simpson, the man who started it all has no intention of pulling back on the throttle. "It was always our intention to look after our clients wherever they go cruising, so we've established service points in strategic cruising destinations.

We had intended to open an office in the Philippines and in Vietnam in 2020, but for obvious reasons that was put on hold. When borders reopen, we will go ahead with that plan."

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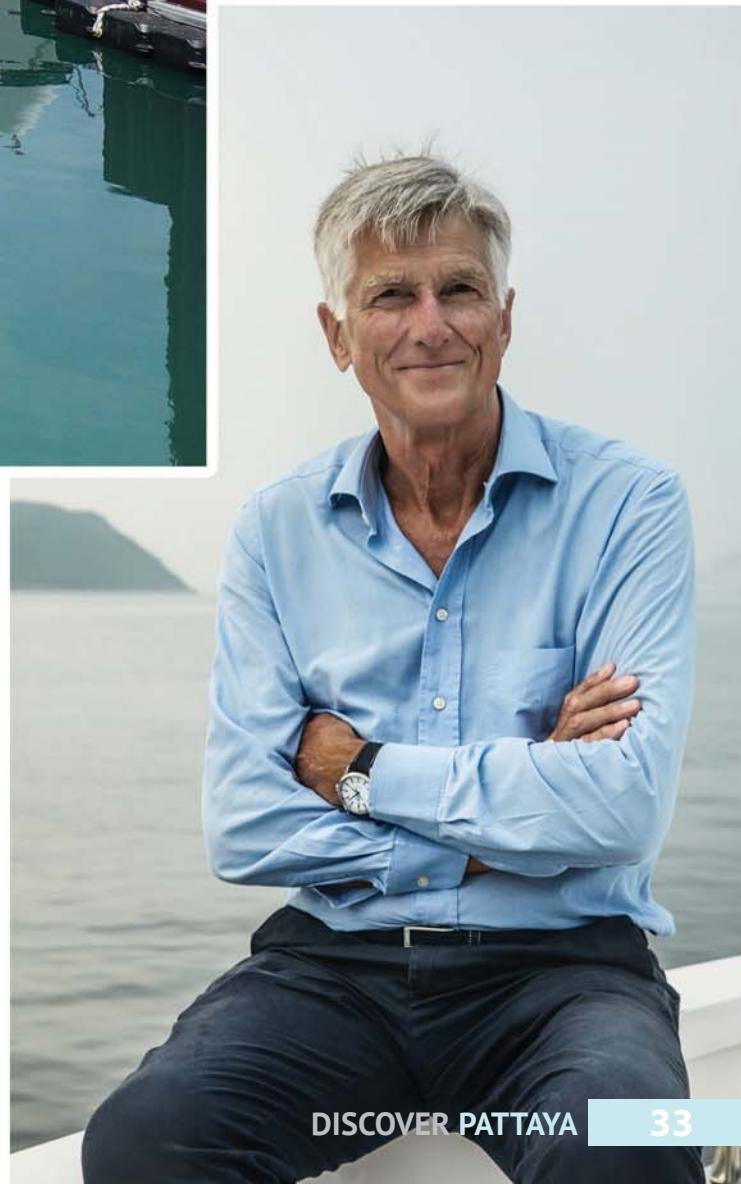


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**WORDS LUKE BANE PHOTOS SIMPSON  
MARINE**

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## FORMULA 1 ROUND-UP

The conclusion to one of the most exciting Formula 1 seasons in years came to a thrilling and controversial climax at the last event in Abu Dhabi when Max Verstappen, driving for Red Bull, pipped Lewis Hamilton on the last lap to win the drivers' championship by the slimmest of margins. Despite the consolation of winning the constructors' championship for the eighth consecutive year, Hamilton's Mercedes team intend to appeal the result at Abu Dhabi, despite having two appeals turned down on the day, forcing Verstappen to wait for four hours at trackside before finally being confirmed the champion for the year.

After Hamilton got to the front of the race early with a better start than Verstappen he appeared to leave the track to keep his place after the Dutchman tried to pass him at the end of the back straight.

That seemed to be the decisive move in the race and Hamilton looked like he was on his way to victory until five laps from the end when a crash occurred and a safety car was introduced, leading to further controversy. The race director initially announced that lapped cars between the two leaders would not be allowed to un-lap themselves, as is the normal procedure.

However, after a complaint from Red Bull, he reversed that decision, which allowed Verstappen to be right on Hamilton's tail with one lap to go.

Verstappen then passed Hamilton at turn five and held him off for the remainder of the lap to win the race and the championship.





The arguments over the race director's reading of the rules allowing Verstappen to get close enough to Hamilton to get past him on the last lap are already raging and it looks very much like the Mercedes' team appeal to demote Verstappen and give Hamilton his eighth title is far from a forlorn hope.

Whatever the outcome, the season has produced the most thrilling finish in years and the two drivers involved are leagues above everyone else on the grid at the moment.

I think Hamilton, although deeply disappointed about not winning another title, will find his reputation and popularity enhanced because of the way he has competed and the courage and sheer talent he has exhibited throughout the year.



It looks like the very determined Verstappen, a deserved winner, will be around for a long time yet and ensure stiff competition for Hamilton in the future.



First of all though the sport has to get it's house in order after a season where the new race director, Michael Masi, has been less than consistent with his use of the rules and the feeling is that the clash of the Mercedes/Hamilton and Verstappen/Red Bull teams that has made it such an exciting season on track has papered over some very questionable decisions, one of which has now decided the outcome of the drivers championship.

There is going to be some serious fallout in the sport over this and hopefully the F1 house will be in order for next season. Fans everywhere will be hoping that the way will be clear for these two giants to clash again and ensure another classic contest.

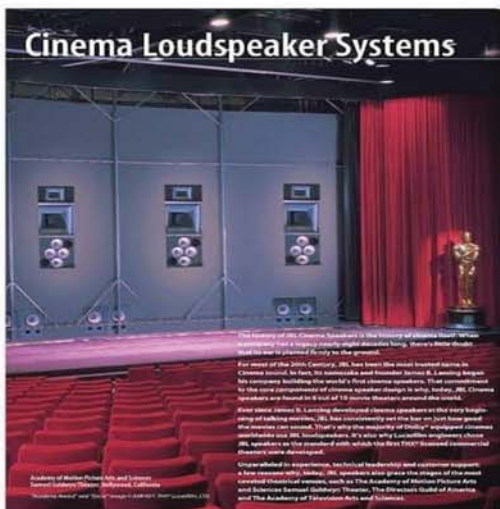




# INTRODUCTION TO CINEMA SOUND SYSTEMS PART I

By Songpone Siriwanlert

Most of you might have experienced cinema sound in theatre or even in their own home. Now we would like to present you the origin of such cinema sound that have been existed for almost 8 decades. The JBL cinema sound originator has inherited the cinema sound speakers for almost 80 years and also experienced in development of cinema sound until now, the 21st century. JBL is so-called the most reliable sound systems in the world. The founder of JBL is James B. Lansing who is the first creator of speaking movie.



There is no doubt that JBL speakers are found in 6 by 10 of the cinemas all over the world. As James B. Lansing has developed the cinema speakers since the beginning of sound movies, JBL is the only one who set up the standard of cinema sound. That is why most of Dolby cinema sound in theatre particularly sound engineers of Lucasfilm have selected JBL for development of THX at their first cinema sound marketing. With the unequalled experience in cinema loudspeaker systems, JBL have been selected for all events in Academy of Motion Pictures Arts at Samuel Goldwyn Theatre, Hollywood. It can be said that JBL history is the cinema sound history. In the next issue, we shall talk about cinema sound systems technically.



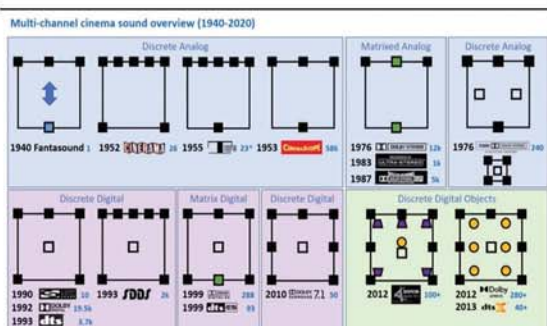
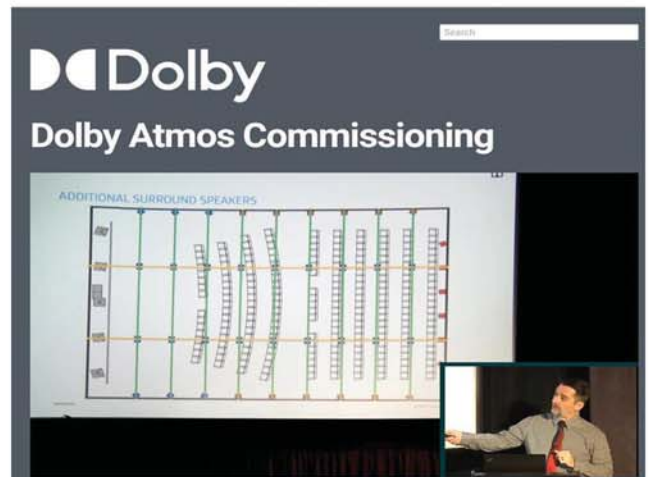


# แนะนำระบบเสียงโรงภาพยนตร์ ตอนที่ 1

โดย ทรงพล ศิริวรรณเลิศ

หลายท่านคงเคยได้ยินระบบเสียงโรงภาพยนตร์ในรูปแบบต่างๆมาแล้วทั้งในโรงและที่บ้าน ในฉบับนี้เราขอแนะนำที่มาของระบบเสียงโรงภาพยนตร์ซึ่งมีมาแล้วเกือบ 8 ทศวรรษ ผู้ริเริ่มประดิษฐ์ระบบเสียงโรงภาพยนตร์ ได้ประสบการณ์ในการฟังเสียงภาพยนตร์นานพอๆกับการมีระบบเสียงนี้ จนกระทั่งวันนี้ซึ่งเข้าศตวรรษที่ 21 JBL ได้ชื่อว่าเป็นตราयीหือที่มีความน่าเชื่อถือมากที่สุดในโลก ผู้ก่อตั้ง JBL คือ James B. Lansing ผู้ร่วมประดิษฐ์ภาพยนตร์พูดได้

หลังจากที่ภาพยนตร์ในยุคต้นๆเป็นหนังใบ้ ไม่ต้องสงสัยเลยว่า ทำไมลำโพง JBL จึงพบเห็นได้ในโรงภาพยนตร์ 6 ใน 10 แห่งทั่วโลก โดยที่ James B. Lansing เป็นผู้พัฒนาลำโพงในโรงภาพยนตร์ตั้งแต่มีภาพยนตร์เสียงครั้งแรก JBL ได้เป็นผู้กำหนดมาตรฐานของเสียงในโรงภาพยนตร์ จึงไม่แปลกเลยที่เจ้าของระบบเสียง DOLBY ในโรงภาพยนตร์ส่วนใหญ่ โดยเฉพาะ LUCASFILM ได้เลือกให้ JBL เป็นผู้ร่วมพัฒนาระบบเสียง THX ในโรงภาพยนตร์เชิงพาณิชย์ที่ได้รับอนุญาต



จากประสบการณ์ที่ไม่มีใครเทียบได้ทางด้านลำโพงระบบเสียงโรงภาพยนตร์ JBL จึงได้รับคัดเลือกให้เป็นผู้จัดแสดงบนเวทีในงานประกาศผลรางวัลออสการ์บนเวทีโรงละคร Samuel Goldwyn Theatre ในฮอลลีวูด กล่าวได้ว่าประวัติของ JBL คือประวัติศาสตร์ของโรงภาพยนตร์ โดยเราจะนำเสนอการทำงานของระบบเสียงโรงภาพยนตร์เชิงเทคนิคขั้นพื้นฐานที่เข้าใจได้ง่ายๆในฉบับหน้า





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## LAST WILL AND TESTAMENT MYTHS AND MISCONCEPTIONS

**DON'T NEED A WILL BECAUSE I AM LEGALLY MARRIED, SO ALL MY ASSETS WILL AUTOMATICALLY GO TO MY SPOUSE WHEN I PASS AWAY.** This is not necessarily the case. In Thailand, when a person dies without a Last Will and Testament, the intestate's assets are then distributed according to the law. There are six classes of statutory heirs in Thailand, which entitles each class to inherit in the following order:

1. Descendants
2. Parents
3. Brothers and Sisters of full blood
4. Brothers and Sisters of half blood
5. Grandfathers and Grandmothers
6. Uncles and Aunts

The right of a surviving spouse to share in the estate of a deceased spouse arises automatically from marital status. Ordinances awarding such rights of a surviving spouse make the spouse a statutory heir. Before any distribution of the estate to the relatives, half of the estate (Sin Somros) will belong to the spouse, if any, and the rest will be distributed accordingly. Spouses who are under separation do not lose the right of inheritance to one another as long as divorce between them has not been granted.

### MAKING A WILL IS FOR THE ELDERLY OR PEOPLE WITH HEALTH PROBLEMS.

Making a Will is for anybody who is at age 15 years old above and not being an incompetent person. If you have substantial possessions, it is right for you and for your family to make a Last Will and Testament. This is regardless of your age or current health status.

### A BENEFICIARY CAN ALSO BE A WITNESS TO MY WILL.

Anyone who will benefit or inherit any asset under your will must not be a witness to it. According to the law, any witness to the will, or even the person drafting the will, as well as their spouses, must not be a beneficiary to your will. This is to prevent possible conflicts in the future.

Witnesses don't need to read the entire will document to sign it, they only need to be able to confirm that the document exists, and that they've signed it in front of you without coercion.

### I CAN ONLY BEQUEATH MY ASSETS TO MY STATUTORY HEIRS.

You can appoint whomever you wish to be the beneficiary of the Will, not just the statutory heirs.

It can be any person such as your friend or your colleague. You can as well consider an organization, foundation, school, or temple.

### MY EXECUTOR CAN IMMEDIATELY MANAGE ALL MY ASSETS IN MY LAST WILL AND TESTAMENT AFTER MY DEATH.

According to the Thai law, even with or without the Will, the Executor must receive the Court Order first. The Executor must submit the petition to the Court in order to have the Court appoint him/her as the official Executor.

After receiving the Court Order, the Executor can afterwards use this document to execute the wishes expressed in your Will.





# 16th PropertyGuru Thailand Property Awards THIS YEAR FOR THE FIRST TIME A VIRTUAL GALA

PropertyGuru Group announced the winners and Highly Commended awardees of the 16th Annual PropertyGuru Thailand Property Awards, via a virtual event supported by IHI, JLL, Mitsubishi Electric Kang Yong Watana, and Bathic.

Sansiri Public Company Limited won Best Developer, with the all-new Best Developer (Eastern Seaboard) award, presented to Maneerin Property, and Best Developer (Phuket) award, presented to Utopia Corporation Co., Ltd.



## THE WINNERS ARE

Habitat Group Co., Ltd.



Habitat Group Co., Ltd. was named Best Boutique Developer, with Habitat Hospitality Co., Ltd. collecting the title of Best Hospitality Developer and Andaman Asset Solution Co., Ltd. earned the title of Best Breakthrough Developer.

The Residences at Sindhorn Kempinski Hotel Bangkok by Siam Sindhorn Co., Ltd. won the coveted honour of Best Condo Development (Thailand) as well as the award for Best Ultra Luxury Condo Development (Bangkok). Sindhorn Village, another project by Siam Sindhorn Co., Ltd., won Best Mixed Use Development.

Istani Villas by Idea Development won another top honour, Best Housing Development (Thailand), in addition to the titles of Best Housing Development (Samui) and Best Multi Housing Architectural Design (Upcountry).



Chanin Vanijwongse  
Chief Executive Officer  
Habitat Group & Habitat Hospitality

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<https://www.linkedin.com/company/propertyguru>





Varitsara Pholchivin  
Assistant Managing Director  
Maneerin Property

Celes Asoke by Lucky Living Properties Co., Ltd. swept four titles: Best Luxury Condo Development (Bangkok), Best Smart Building Development, Best Luxury Condo Architectural Design, and Best Luxury Condo Interior Design. Other projects announced as winners included Asongkhai by Ametus Development Co., Ltd.; Government Center; Sustainable Landscape Master Planning by Dhanarak Asset Development Co., Ltd.;

Grand Britaina Wongwaen Ramintra by Britaina Public Company Limited; Holme Ekkamai 22 by S A Future Property Company Limited; Kave TU by Assetwise Public Company Limited; Kimpton Kitalay Samui by Choengmon Real Estate Company Limited; Grand Britaina Wongwaen Ramintra by Britaina Public Company Limited; Holme Ekkamai 22 by S A Future Property Company Limited; Kave TU by Assetwise Public Company Limited; Kimpton Kitalay Samui by Choengmon Real Estate Company Limited; Luxury Home by The Bibury Property Co. Ltd; Maison Blanche - Sukhumvit 67 by Baan Sasidara Co., Ltd.; Oneder Kaset Condo by Eakphoomsub Development Company Limited; Prompt88 Health Land by Pattana Property Development; Reseo Home (Ramintra-Jatuchot) by Revo Property; The Glamor Ekkamai - Praditmanutham by Peace and Living Public Company Limited; and The Spring Loft by NTS Property Co., Ltd. and Srisiri STT Group Co., Ltd.

# PropertyGuru THAILAND PROPERTY AWARDS™

Anuphong Assavabhokhin, Vice-Chairman and Chief Executive Officer of AP (Thailand) Public Company Limited, accepted the 2021 Thailand Real Estate Personality of the Year award, a title decided by the editors of PropertyGuru Property Report Magazine.



## WALL OF FAME 2021





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## KEY MONEY VS GOODWILL. TRAPS & HURDLES.



**M**ost people are kind of familiar with the term “goodwill”. When you buy an ongoing concern you might be happy to pay a little more than the fair value of all visible solid assets and intangible assets purchased in the acquisition and the liabilities assumed in the process. You also pay for the efforts invested by the owner of the property over time.

Good name and reputation, brand name, systems, solid customer base, good customer & employee relations, etcetera. Taking over an entire successful business not only gives you a jump-start into operating the business, but it also gives you a certain “guaranteed” success.

**“Goodwill” has nothing to do with “key money”.**

Key money is sometimes a synonym for a security deposit. Yet, nonrefundable. Upon renewal of your commercial lease, key money is asked for again. Now, that is where the problems arise.

**Pattaya landlords and key money.**

Some people visiting Pattaya fall in love with, let’s say, the culture. Once caught with this “Thailand virus”, many of them will try to find a way to move to Pattaya on a permanent basis. Inspired by their favourite hangout during previous vacays, opening a “beer bar” would make perfect sense.

**The adventure begins:**

A nice commercial venue is spotted, and the terms seem very reasonable. THB 200,000 key money and just THB 25,000 per month for a 3-years term. The friendly landlord explains that the key money is just a standard thingy in Thailand for the lease of commercial properties. (THB 200,000 key money divided over 36 months adds just over THB 5,500 on the monthly lease, so it seems doable) Renovations can start and after an additional THB 800,000 investment, the bar will open.

Let us be the devil’s advocate and predict a few possible scenarios of what is likely to happen next:

- Our fresh entrepreneur hits the jackpot, and the bar is a raving success (maybe not so likely)
- The new bar-owner becomes an alcoholic and, with this, the best client of his own establishment
- For some reason or the other, the business fails and is losing money
- After some major domestic issues, the bar owner ends seated, broken-hearted, alone in his bar



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Only ONE of the above options ends in a “happily ever after”. In all other cases, cash flow is draining and consultation with the landlord is needed. “No money – No honey” – so the property needs to be vacated and renovated back to its original condition. It soon becomes clear why this “standard thingy” called key money exists. More than once, start-up businesses will fail before the end of their lease agreement term. With an X-amount of key money cashed out, the landlord “ensures” himself of the tenants’ best intentions. The tenant will try very hard to operate a profitable business. When things fail, the only one that succeeds is the landlord. He will receive his premises back, most likely “renovated”(\*) in the amount of THB 800,000, and is able to move it on for a premium as it is “fully fitted”.



\* The previous tenant ran dry of funds and didn't have the money to renovate the property back into its original condition, so left everything behind.

### Now, what if the business DOES succeed?

In that case, we are up for renewal after 3 years. Yet, suddenly the landlord asks for THB 500,000 key money... (We are the devil's advocate, remember?) Why? There was no renewal clause in the lease agreement? Oh, dear... And the monthly rent goes up from THB 25,000 to THB 30,000? Oh yes, things like this happen. The tenant cannot afford to come up with THB 500,000 and loses his beer bar, and future in Thailand.

### Town & Country Property deals with commercial properties in Pattaya.

We have near 20 years of experience. When a commercial property is listed for RENT, we will be extra careful to exactly stipulate the terms of the lease. Renewal clause, fixed rental fees etcetera. Commercial properties seldom sub-lease, nor can they easily be assigned to another tenant without the landlord's consent. We will ALWAYS make sure that all parties are at the table when we structure any commercial lease. The vast majority of our commercial listings are freehold properties for sale. Straight forward dealings without traps or hurdles.

### DISCLAIMER

Of course, this script has been exaggerated. Luckily there are many reasonable landlords that keep a very good relationship with their long-term tenants. But, even now during forced government instructed COVID business closures, there are still landlords insisting to collect their rental fees in full. Not very compassionate during times of hardship.

Town & Country Property – your award-winning specialist on the Eastern Seaboard.

Author: [Mr. KC Cuijpers](#)

For more information: Please [contact Town & Country Property – info@towncountryproperty.com](mailto:info@towncountryproperty.com)



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**WINNER**

THAILAND'S BEST  
REAL ESTATE AGENCIES

Pearl Property Pattaya

Organized by  
**dotproperty**



## Congratulations to Pearl Property Pattaya



**A Winner of Thailand's Best  
Real Estate Agencies Dot Property Award**

Located on the very popular 2nd Road, Jomtien, Pearl Property Pattaya are specialists in online marketing and social media. Extremely active on Instagram and Youtube with 500 subscribers. They also have a Facebook page that has 70,000 followers where they regularly post live streaming of the best condo deals to be found in Pattaya. S Pop in to see our Managing Director Peer and his friendly team.



**PEARL**  
PROPERTY PATTAYA



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Nongprue, Banglamung, Chonburi



# Dot Property Thailand Awards Winners 2021

**F**rom right to left - Mr. Adam Sutcliffe, Group Director, Events and International Markets; Khun Apipu Phromyothi, Navarang Asset Chief Executive Officer; Khun Kittiphun Ouyiamaphun, MQDC Senior Vice President; Mr. James Claassen, Dot Property Group General Manager; Khun Korn Narongdej, Chief Executive Officer Raimon Land; Khun Wasawat Watanaudomkit, SC Asset Innovative Strategic Manager; Khun Preecha Kulphaisalham, Pieamsuk Property Development Managing Director

Sustainability and innovation are extremely important for the real estate sector and this year's winners are leading the way. These efforts have been recognized both from within the industry and outside of it as we see

The Forestias winning Thailand People's Choice Award for Project of the Year 2021," Adam Sutcliffe, Dot Property Group Director, Events and International Markets, says. "Despite facing challenges related to the pandemic, all 30 winners displayed resiliency and helped carry the property market forward during a difficult year." SC Asset, winner of Developer of The Year Thailand 2020 and the Thailand People's Choice Award for Project of the Year 2019, earned a pair of honors in 2021 for their work in the housing sector. Notable developer winners include Pieamsuk Property Development and Navarang Asset while Nichada Group of Companies was named Best Lifestyle Developer.



## Developer of The Year Thailand 2021 – MQDC

### Dot Property Thailand Awards 2021 developer winners:

- Best Boutique Developer (Luxury Villas) – Dynasty Development
- Best Lifestyle Developer Koh Samui – SGQ DESIGN AND CONSTRUCTION COMPANY
- Best Boutique Housing Developer Phuket – Zenithy Development
- Best Boutique Developer Koh Samui – LDR Group
- Best Housing Developer – Pieamsuk Property Development
- Best Developer Residential High-Rise – Navarang Asset Co
- Best Lifestyle Developer – Nichada Group of Companies
- Best Breakthrough Developer Phuket – Andaman Asset Solution

## Thailand People's Choice Award for Project of the Year 2021 – The Forestias

### Dot Property Thailand Awards 2021 project winners:

- Best Green Development – The Forestias from MQDC
  - Best Innovative Development – The Forestias from MQDC
  - Best Sustainable Residential Development – The Forestias from MQDC
  - Best Luxury Housing Development – Grand Bangkok Boulevard East Rama 9 from SC Asset
  - Best New Launch Villa Development – Bangkok Boulevard Donmueang – Chaengwathana from SC Asset
  - Best Luxury Condominium Bangkok – Tait Sathorn 12 from Raimon Land
  - Best New Launch Condominium Bangkok – Noble Form Thonglor from Noble Development
  - Best Affordable Condominium Bangkok – Life Sathorn Sierra from AP (Thailand)
  - Best Villa Architectural Design Koh Samui – Santi Pura Villas from LDR Group
  - Best Boutique Housing Development / Eastern Seaboard – The Plantation Estates from Base Real Estate
  - Best Luxury Condominium Eastern Seaboard – Arom Wongamat
  - Best Luxury Villa Development Phuket – Anchan Hills from Pearl Island Property
  - Best Urban Lifestyle Development Phuket – The Residence from Andaman Asset Solution
  - Best New Launch Villa Phuket – The Victory from Andaman Asset Solution
  - Best Luxury Townhome Phuket – The Residence from Andaman Asset Solution
  - Best Affordable Housing Development Hua Hin – The Village from Boontani36
- Thailand's Best Real Estate Agencies 2021 featured six winners from across the country. Phuket's Coldwell Banker SEA Property, Pattaya's PBRE Real Estate and Bangkok's Shinyu Real Estate were a few of the firms honored.

## Thailand's Best Real Estate Agencies 2021

- |                  |                              |                    |
|------------------|------------------------------|--------------------|
| PBRE Real Estate | Pearl Property Pattaya       | Shinyu Real Estate |
| CMP Realty       | Coldwell Banker SEA Property | Forbest Properties |



### Land for sale at St Andrews Golf Course



Building plot at St Andrew's Village in the St Andrews Golf Course Complex near Baanchang suitable for building a one or two storey 3 or 4 bedroom house.

Facilities include a large fine clubhouse, equestrian track, swimming pool, polo club, fishing lake and St Andrews International School.

Size 104 Talang Wah or 416 square meters.

Price 1,560,000 Baht

### Land for Sale at Bang Saray



Land numbered 85, Chanote number 10492 registered in Thai person name Size 1 Rai 3 Ngan 65 square Wah (19125 Rai or 3,060 square meters) Suitable for a 7 floor Condominium of 220 units with value 700 million Baht EIA and Building permits approved in principle 2.2 Km to Bang Saray Beach, 20 Km to Pattaya, 24 Km to U-Tapao airport (UTP) GPS Co-ordinates 12.755763, 100.896411

Price 35,000,000 Baht

### Detached bungalow at Huay Yai for Sale



Huay Yai Soi Tessaban 1 Soi 22 about 3 Km from Sukhumvit in Thai name, 6 ceiling fans, no management fees, partially furnished. Land 165 square Wah or 660 square meters. House floor area about 157 square meters. Large lounge, kitchen area, 2 bedrooms, 2 bathrooms, one ensuite, utility room, dressing room, big garden, maybe room for pool. Garage-cum-workshop floor area size 50 square meters, remote-controlled door, neat outside mains electrical cabling underground, safe gas tank, external laser security system. Land valued at 25 million Baht. Cost of building was 5.7 million Baht.

Price 4,000,000 Baht

### Studio for Sale or Rent



AD Condominium floor 4 Naklua Soi 16/1 Wong Amat Beach 1 Km Studio, bathroom, balcony with fully-equipped fitted kitchen facing north. Reception, 18-meter swimming pool, under-cover parking, 24-hour security, CCTV, key-card access, laundry Air-con, microwave, TV, DVR player, electronic safe Size 35 sqm, Thai ownership Offered on one-year lease with fibre-optic Internet included

Price 1,200,000 Baht

Rent 7,000 Baht

### Detached bungalow at Huay Yai for Sale



Huay Yai Soi Tessaban 1 Soi 22 about 3 Km from Sukhumvit in Thai name, 6 ceiling fans, no management fees, partially furnished. Land 165 square Wah or 660 square meters, floor 157 square meters. Large lounge, kitchen area, 2 bedrooms, 2 bathrooms, one ensuite, utility room, dressing room, new electrical fittings, big garden, room for pool. Garage-cum-workshop 50 square meters, remote-controlled door, neat mains electrical cabling underground, safe gas tank, laser security system, external solar lighting Land valued at 25 million Baht. Cost of building was about 6 million Baht.

Price 4,200,000 Baht

### Studio for Sale or Rent



Angket Hip Residence floor 10 Soi Boonkanjana 800 meters to Jomtien Beach. Studio with fully-equipped fitted kitchen, bathroom, balcony, good sea view. Reception, swimming pool, under-cover parking, 24 hour security fitness centre. Air-con, microwave, TV, DVD player, electronic safe, washing machine. Size 36 sqm, foreign ownership One-year lease 8,000 per month

Price 1,300,000 Baht

Rent 8,000 Baht

### One-bedroom Condo for Sale or Rent



AD Condominium floor 7 near Wong Amat Beach, Naklua A 73 sqm one-bedroom corner unit with excellent sea view, 2 air-cons, electronic safe, 2 flat-screen TVs, 2 DVD players, home theatre. Fully equipped European kitchen, washing machine, foreign ownership Offered on a minimum one-year lease including fibre-optic Internet

Price 4,300,000 Baht

Rent 18,000 Baht

### One-bedroom Condo for Sale or Rent



Tropicana Condominium floor 2 on Pratumnak Road Soi 6 close to Thappraya Road, 71 sqm. Lounge, fully-equipped European kitchen, bedroom, bathroom, balcony. Reception, roof-top pool and ground floor pool, under-cover parking, 24-hour security, CCTV, fitness centre, Zen beauty salon, Sure-cell medical centre. 2 air-cons, microwave, electronic safe, washing machine. 2 flat-screen TVs, 2 DVD players, home theatre. Foreign ownership, offered on a minimum one year lease.

Price 4,000,000 Baht

Rent 16,000 Baht





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EASTERN SEABOARD

The Plantation Estates  
by Base Real Estate (Thailand) Co., Ltd

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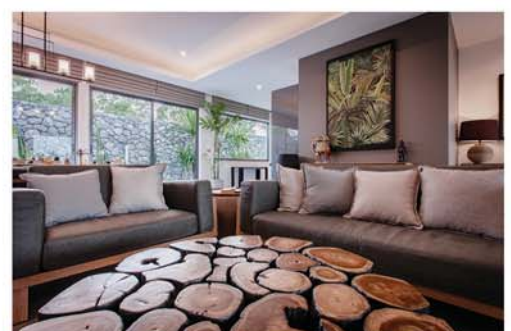
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# TD TACKLING PLASTICS POLLUTION, THE UNWTO WAY



By Megha Paul

The Global Tourism Plastics Initiative has welcomed a further 21 signatories, bringing the total of organisations that have committed to implement circular economy of plastics in the tourism sector to 113. The new signatories have been announced alongside the launch of a first annual report, which makes clear the significant progress made in tackling plastics pollution in tourism over the past year.

Despite the challenges posed by the Covid-19 pandemic, Accor, Club Med, Hong-Kong and Shanghai Hotels, Iberostar, Melco, Six Senses have all reported continuous efforts to implement their commitments to tackle plastic pollution. Together, they have eliminated over 108 million plastic items and packaging in 2020, totaling around 804 metric tons, according to a UNWTO statement. UNWTO Secretary-General Zurab Pololikashvili said: “In just one year, the Global Tourism Plastics Initiative has made a real impact. Together, signatories have cut their use of plastic by 800 metric tons, equivalent to 27 large shipping containers full of plastic. “I congratulate all those businesses and destinations for their commitment and welcome the 21 newest signatories to the Initiative – a clear sign that tourism is working hard to become more sustainable, even in times of crisis.”

deSter, a member of Gate Group and the leading supplier to the aviation, hospitality and foodservice industries has also reported progress, for instance by discontinuing the launch of new products with non-recyclable materials; working on fibre-based technologies and closed-loop recycling pilots with customers, and developing new designs. Club Med Sustainability Manager Florian Duprat said: “We are delighted to have joined the Global Tourism Plastic Initiative through our Bye Bye Plastics programme: Club Med has already removed on a global scale disposable plastic items such as cups, straws, cutlery, plates as well as individual plastic packaging from shower gel, shampoo and lotion and from other in-room accessories.

Among the 21 new signatories are, four accommodation companies, seven tour operators, nine supporting organisations and one destination. These signatories have set concrete targets around the elimination of unnecessary and problematic plastics, the introduction of reuse models and work on value chain level to improve recyclability.

The Initiative unites the tourism sector behind a common vision to address the root causes of plastic pollution. It is led by the United Nations Environment Programme (UNEP) and the World Tourism Organisation in collaboration with the Ellen MacArthur Foundation. It was endorsed by the Executive Council of the World Tourism Organisation at its 114th meeting held on December 1 during the UNWTO General Assembly in Madrid, encouraging Member States to take part in the fight against plastic pollution.



# Barry Upton - MY FAVOURITE PARTY

For many, the party season has come and gone for now so I got to thinking about the best party I ever experienced. It was in 1982 at the legendary Abbey Road recording studios in London. Here follows an excerpt from my book 'Confessions Of A Pop Tart', not long after I had become a frontline member of chart topping band 'Brotherhood Of Man'.....

After meeting the Pope, David Soul and now, Princess Margaret, I started wondering what bizarre event would be next. I didn't have to wait long as we were invited to a book launch for '500 Number 1 Hits' put together by Paul Gambacini and Tim Rice at EMI's Abbey Road studios. The book listed all the U.K. number 1 records since charts began and, because Brotherhood Of Man had three chart topping hits to their name, we were all invited.



As we walked into Studio 2 at Abbey Road, where none other than 'The Beatles' recorded just about all their songs including 'All You Need Is Love' which I'd watched being recorded on TV in 1967 with awe, I was filled with a sense of disbelief that I was actually standing on, to me, 'holy ground'. Straight away, I was rubbing shoulders with the likes of 'Sting', 'Cliff Richard', 'Bob Geldof', etc. and found myself striking up conversations with Kevin Godley from '10cc' (about his newly directed controversial video for 'Duran Duran' - Girls On Film) and a hero of mine, Roy Wood, who happily chatted to me while we stuffed gateaux down our necks. I was like a kid in a sweet shop with almost my whole musical heritage all around me in one room and I did my very best to meet every one of them.

Suddenly, we were all called to order by Tim Rice who did his little speech about the book and officially launched it, then asking us all to get together to pose for the press in a kind of team photo. I found Martin & Sandra to make sure we were all together for the pics and we planted ourselves, kneeling at the front of the assembled group.

There was a lot of merry banter and joking going on and I joined in with those around me which included Mickey Dolenz of the 'Monkees', Ray Dorset of 'Mungo Jerry', and a mystery woman kneeling just to my right. I caught her attention, joking about the hoards of cameras in front of us, when it occurred to me that she was Linda McCartney.

Then a thunderbolt struck as I realized that next to her was none other than Paul McCartney himself. 'Oh my god', I thought, as there were about forty plus photographers taking pictures of Linda, Paul, - and me! When the posing for photos was all over we all stood up and I waited for my chance to shake Paul's hand and introduce myself.

It was a poignant moment as we were standing under a screen where a film was being projected of the Beatles actually recording in the studio we were now standing in the middle of. It dawned on me that this was probably the first time Paul had set foot in it since John Lennon had died so it would be a bitter sweet party for him.



He did look a bit somber so I thought I'd make a little joke to lighten the mood asking him to 'lend me a fiver'. Well, he's heard a million times how much he's affected all our lives with his music and I really didn't want to say something as banal as 'Paul, you're fab!'.

He responded well, laughing, so I felt like I'd contributed to the afternoon in a positive way, cheering 'Beatle' Paul up.

It was the most unbelievable afternoon with so many pop legends in one place and as I left, picking up my copy of the book which Tim Rice signed, thanking me for coming, I was so exhilarated to be a small part of it all.

The following Monday, a picture of me with Paul, Linda, and a whole host of other stars appeared on the front of the music trade magazine 'Music Week'.

*How cool was that?!*



# 2022

## 10 HACKS TO HELP YOU KEEP YOUR NEW YEAR'S RESOLUTIONS

So does this sound like you? Every January you regurgitate the same old list of resolutions you made the previous year and by February you've already failed to keep them? For many of us the same aspirations we have one year seem to carry on to the next. The most common seem to be losing weight, sticking to a healthier diet, stopping smoking and exercising more frequently. The new year feels like a new beginning and so setting resolutions can present great opportunities to overcome struggles with willpower and determination. Here are a few tips to help you succeed:

### **Limit the number of resolutions**

I once met up with a friend on the 1st of January who, I kid you not, had just written out a list of 20 New Year's Resolutions. In contrast, Richard Wiseman, a professor of psychology at Hertfordshire University, suggests that the best idea is to just pick one and focus all your energies on it. I personally think somewhere between the two is ideal, after all you want to give yourself a bit of a selection even if you just attack one at a time.

### **Avoid repetition unless you have a new strategy**

Another tip from Mr Wiseman is not to make the exact same resolutions every year. He says "If people have already tried and failed, their self-belief will be low." However, it may be that the same problems you faced 12 months previously are still uppermost on your list of things you wish to change? In that case you could choose a new strategy and re-evaluate what went wrong before you work out your improvements.

### **Broadcast your intentions**

It could be said that many of us disclose too much of our lives on social media with the minutiae of everyday life posted on Twitter, Facebook, Instagram etc. However, in certain instances, for example, a resolution to lose weight or become fitter, circulating photographic updates of how you are progressing may well be inspirational not just to you but to others trying to do the same thing. Or you may be more comfortable just telling people close to you and in fact, that can be beneficial as a backup during moments of weakness. For example, if you are trying to stop smoking, when out for an evening with friends if they know you are trying to stop, they will remind you if you forget your resolution and reach for a cigarette. Also, their asking you what progress you are making can be a great incentive.





### **Be Realistic**

One of the biggest mistakes people make is in setting goals that are too unrealistic. It's important, to be honest with yourself. Also, you should avoid making your resolution too general, better to give yourself something specific to strive for. Try adding a detailed plan and remember to keep it attainable, that way the resolution will be far easier to stick to.

### **Make a Timeline**

A good way to be specific about how to achieve your resolution is to make a timeline. For example, if you want to lose weight, set yourself targets. How much would you like to lose and by when? Or how much do you need to save each month to meet your financial goal? Being very specific helps you track progress and set incremental next steps. Write down deadlines and goals in a plan or calendar.



### **Don't be too Tough on Yourself**

It's likely that you'll occasionally fail in the pursuit of your resolutions but don't let a couple of setbacks discourage you too much., especially not so much that you give up. Every misstep is an opportunity to learn and improve for the future. Forgiving yourself for failures and being realistic with goal-setting are ways to be kind to yourself with resolutions. The occasional treat when you do succeed or reach a milestone won't hurt either.

### **Baby steps**

Usually the shorter the time frame we give for our goals, the more likely we are to achieve them. So if you're looking to stop drinking, tell yourself, "I won't drink this week" and you'll be more likely to achieve that goal than if you say, "I won't drink all month". Better to then break the period up into 4 weekly victories rather than wait the 31 days which initially may be too daunting of a task.

### **Monitor Your Progress**

This is pretty crucial as it will make you more aware of the results from your efforts. Note down what you've done and how you're keeping up with your objectives. When you feel tired or dispirited, re-read your note from when you first started and see how far you've come. Recognising your own hard work and achievements is important to keep you going.



### **Make it fun**

Rather than focusing on all of the things you'd like to stop doing or change, why not take a look at what you'd like to add to your life in 2022? This may include trying out new hobbies and learning new skills. Think about activities you enjoy and maybe some that you have always wanted to try.

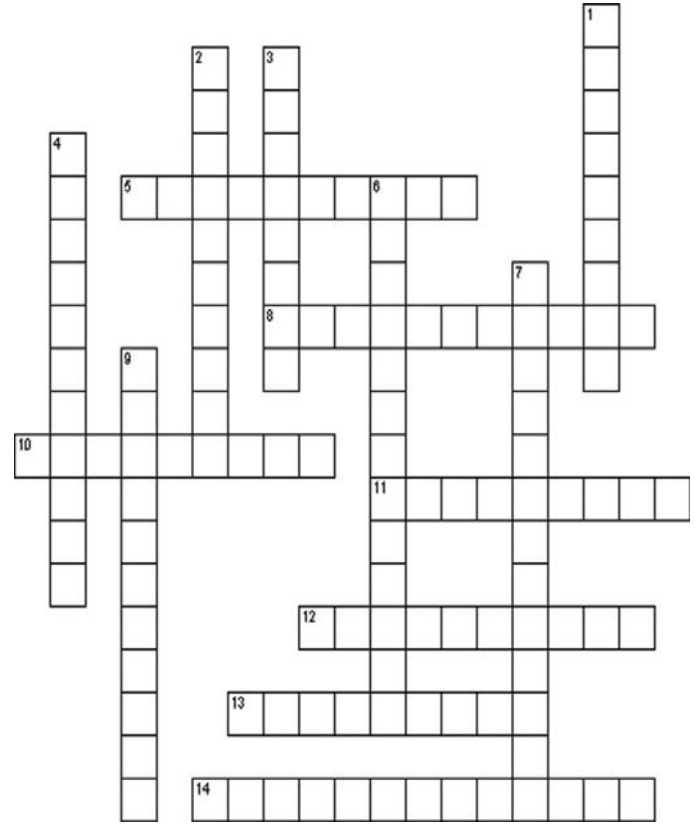
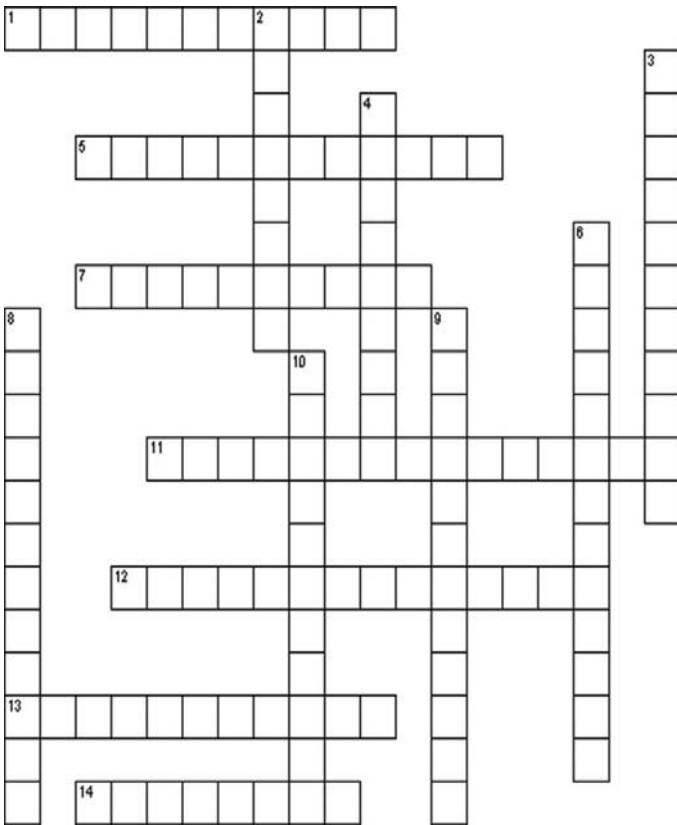
### **Reward yourself**

It's good to congratulate yourself when you've made it through to the end of the month. As mentioned earlier many resolutions have already fallen foul by February so its good to reward yourself to keep up the motivation. If you've gone without cigarettes perhaps think of buying something for yourself with the money you've saved or if you've lost weight have a cheat day.

***Good Luck ! Onward and Upwards!***



# CROSS WORD JANUARY 2022



## Across

1. Quint in the 1975 movie, Jaws (6,4)
3. David Gale in the 2003 movie, The Life of David Gale (5,6)
6. Sugar Kane in the 1959 movie, Some Like It Hot (7,6)
7. Det. Ferguson in the 1958 movie, Vertigo (5,7)
9. Col. Kurtz in the 1979 movie, Apocalypse Now (6,6)
12. Director of the 1974 movie, Chinatown (5,8)
13. Olympias in the 2004 movie, Alexander (8,5)

## Down

2. Harold Abrahams in the 1981 movie, Chariots of Fire (3,5)
4. Director of the 1994 movie, Pulp Fiction (7,9)
5. Jeff Talley in the 2005 movie, Hostage (5,6)
7. Willy Wonka in the 2005 movie, Charlie and the Chocolate Factory (6,4)
8. Joe Gillis in the 1950 movie, Sunset Blvd. (7,6)
10. John Smith in the 2005 movie, Mr. & Mrs. Smith (4,4)
11. Roger Thornhill in the 1959 movie, North by Northwest (4,5)



## Across

1. Jason Bourne in the 2007 movie, The Bourne Ultimatum (4,5)
4. John Constantine in the 2005 movie, Constantine (5,6)
8. 2002 movie starring Meryl Streep as Susan Orlean (10)
10. Charlie Anderson in the 1965 movie, Shenandoah (5,7)
12. Don Vito Corleone in the 1972 movie, The Godfather (6,6)
13. 1980 movie starring Jack Nicholson as Jack Torrance (3,7)
14. Danny Ocean in the 2007 movie, Ocean's Thirteen (6,7)

## Down

2. 1978 movie starring Robert De Niro as Michael Vronsky (3,4,6)
3. Bill in the 2003 movie, Kill Bill Vol. 1 (5,9)
5. 2003 computer animated movie starring Marlin and son (7,4)
6. 2003 movie starring Michael Caine, Robert Duvall and Haley Joel Osment (6,4,5)
7. Director of the 1974 movie, Chinatown (5,8)
9. Rob Roy in the 1995 movie of the same name (4,6)
11. Director of the 2005 movie, Jarhead (3,6)

**SOLUTIONS ARE ON PAGE 58**



# SUDOKU JANUARY 2022

SOLUTIONS ARE ON PAGE 58

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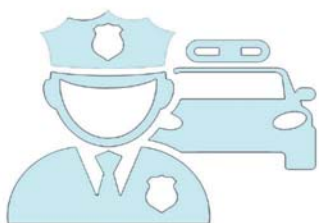
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	2				5			



## IMPORTANT TELEPHONE NUMBERS



### POLICE

Emergency Hotline: 191  
 Pattaya Police Station: Soi 9 Pattaya  
 Phone: 038 420- 802, 038-420 805 0-3842-9325  
 Banglamung Police Station, Sukhumvit Highway)  
 Phone: 038 221 800, 038 221 331  
 Tourist Police: Phratamnak Road  
 Emergency Hotline: 1155  
 Phone 03841 4669, 03842 5937,



### AMBULANCE AND HOSPITALS

General emergency number 191 can be used or 1669  
 Pattaya International Hospital  
 PhoneTel: 038 428 374-5. Tel: 038-427 575  
 Bangkok Hospital Pattaya  
 PhoneTel: 038-259-999. 0-3825-9911  
 Pattaya Memorial Hospital  
 PhoneTel: 038 488 777. 038-429 422

### FIRE

Emergency Phone: 199  
 Fire Brigade Pattaya  
 PhoneTel: 038-425-943,  
 Fire Brigade Naklua  
 PhoneTel: 038-221-000,

### SEA RESCUE

Marine Police  
 Phone. 038-423 666  
 Sea Rescue  
 Phone 038-488 134

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Electricity Pattaya  
 Phone 0-3842-6463, 0-3842-8502  
 Electricity Banglamung  
 Phone 0-3822-1007

### WATER

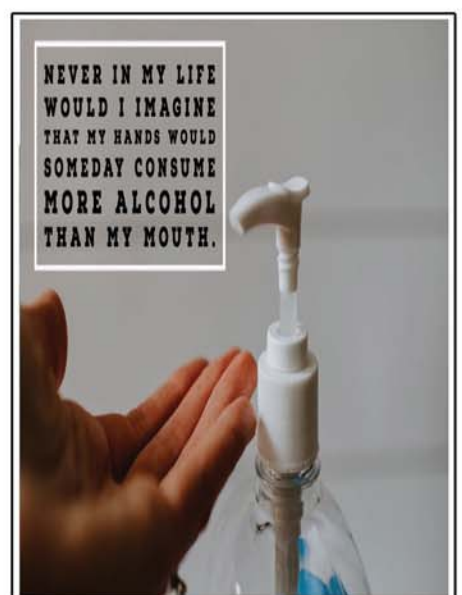
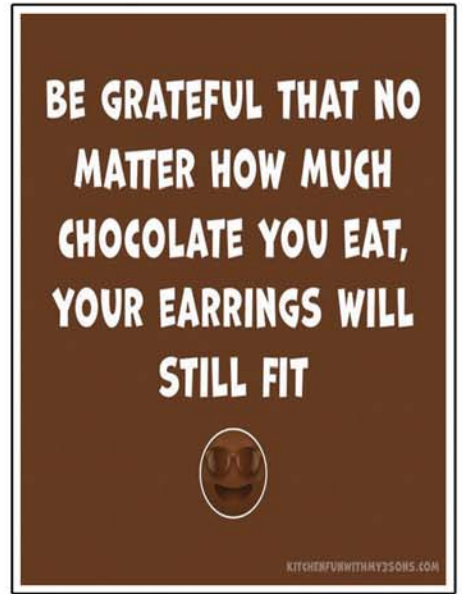
Water Works Banglamung  
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## QUESTIONS PART TWO

1. Which	Un nai	อันไหน
2. Whose	Kong krai	ของใคร
3. Whom	Kon nai	คนไหน
4. What kind	Cha-nit nai	ชนิดไหน
5. What time	Way - la nai	เวลาไหน

## CONVERSATION:

Q. Which one is your car? A. The green one	รถคันไหนเป็นรถของคุณ คันสีเขียว	Rod Kun nai pen kong khun Kun si kheaw
Q. Whose computer is this? A. It's Pimjai	คอมพิวเตอร์เครื่องนี้ของใคร เป็นของพิมพิจ	Computer krueng nee pen kong krai Pen kong Pimjai.
Q. Whom will you meet? A. My customer.	คุณจะไปพบกับใคร ลูกค้าของฉัน	Khun ja pai pope kub krai Luke kha kong chan.
Q. What kind of music do you like? A. I like Pop songs.	คุณชอบดนตรีแบบไหน ฉันชอบเพลงป๊อป	Khun chop don tree bab nai Chan chop plaeng pop
Q. What time do you leave home? A. I leave home at 08:00 a.m.	คุณออกจากบ้านกี่โมง ฉันออกจากบ้านแปดโมง.	Khun ook jak baan kee mong Chan ook jak baan paed mong

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OVERSTAY CLEARANCE - LEGAL CONSULTING**





# Games

## Tom Clancy's Rainbow Six Extraction

With well over 40 games based on Tom Clancy's work and numerous Rainbow Six ones it was time to serve up something different. Moving away from the usual real-world scenario this time the team works together to take on some parasitic aliens called the archaeans. This tactical shooter is a great fun co-op game to play online with up to three of your buddies, but you can also go it alone. You enter various alien-infested areas with different mission objectives such as capturing one of the 13 different enemies or collecting samples. What's cool about this game is that the levels are procedurally generated so it's going to be different each time you play.



## God of War [PC]

Yes I know this came out on the Ps4 back in 2018 but I can't resist mentioning that it's made its way to the PC. I thought I would highlight this as there are other PlayStation games in the pipeline most notably Ghost of Tsushima, Uncharted legacy of thieves collection, and rumors of Bloodborne as well. This is a big deal for us PC owners who don't have or want consoles and prefer to pour our money into our rigs. Anyway in this God of War Kratos is teaching his Son how to survive while they explore a hostile world based on Norse Mythology.

## Pokémon Legends: Arceus

They are still trying to catch them all in this eight-generation Pokemon video game for the Nintendo Switch. This action RPG is set in the bygone era of the Sinnoh region's history and is a long time before the events of Pokemon Diamond and Pearl. The gameplay is open-world third person and you explore this to collect new creatures, by throwing Pokeballs at them or engaging them in combat using ones you already own. You are also able to fly around the map, sail the sea or ride around with the help of your friends.







# Tec.Living

by Rick Click

## LUMEN

Health technology is rapidly developing soon your fridge will be able to tell you what's the best food for you to eat at the moment. In the meantime try using this Lumen gadget that uses your breath to monitor what's going on. From a single breath, it can figure out if you are using fats or carbohydrates for fuel. We all have different metabolisms so it's great to get some personalized meal plans and workout recommendations. Even if you don't want to drop any weight it can help you with boosting your energy get consistent blood sugar levels, stop snacking and balance your overall health its time to start hacking your metabolism.



## SKULPT SCANNER

Tracking your weight with bathroom scales can give you a good overall idea, but seeing as weight loss can be water and or muscle and also fluctuate during the day then what you need is a device that can check the dreaded fat. This little chap can measure overall body fat percentage in 24 different areas, identify relative strength of muscles and muscle quality in 24 Muscle groups. The linked app gives you Tailored Workout guidance to improve your weak points to see where you store fat and which muscle groups need strengthening. It links to your mobile via blue tooth so no wires get in the way when you are scanning those hard-to-reach areas.

## App of the Month: Lose It!

Lose it will ask you questions about how much weight you want to lose and give you a daily calorie target based on your goals. Graphs show you how things are going based on the food and exercises you log into the app. It has an extensive database of foods and exercise activities to help you quickly work out your daily total. Also, you can join its social community to help give your some support on your journey. It's free to download but if you want more features there is a Lose it premium for \$39.99 a year. You can sync the app to your other weight loss and fitness apps, such as Apple Health or Google fit.





# SOLUTIONS

ROBERT SHAW  
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 JAMES STEWART  
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 THE SHINING  
 GEORGE CLOONEY  
 ROMAN POLANSKI  
 ADAPTATION  
 FRENCH HANDS  
 SECONDS

9	5	6	7	2	3	1	8	4
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6	4	9	1	8	2	5	3	7
3	8	5	4	9	7	1	6	2
7	2	1	6	3	5	9	4	8



## Do you know about the Health Insurance requirements for Long Stay Visa Applicants in Thailand?

Last year's new ruling by the Ministry of Public Health has meant that people applying or re-applying a non-immigrant visa will now need to have a Thai health insurance policy for the duration of their stay.

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