

DISCOVER

PATTAYA

AT LAST WE CAN LOOK INSIDE

Issue 236/140 NOV 2023



COMPLIMENTARY COPY

Marco's
A TASTE OF QUALITY
RESTAURANT - PIZZERIA



MARCO'S RESTAURANT GOES FROM STRENGTH TO STRENGTH

By Gloria Jones

For many months curious passersby have been wondering about the construction taking place next to Marco's restaurant. Concerned, loyal customers have even remarked: "We do hope it won't be another Italian restaurant, in competition to you". Well, the covers are off, the amazing lighting can be seen from the street and we can at last reveal that this is part of an even larger eatery for the extremely popular Marco's restaurant.

There is a well-known proverb "The proof of the pudding is in the eating" which dates back to the 14th Century. It can certainly be applied to Marco's restaurant where satisfied customers return again and again not just for the delicious range of pizzas and pastas but also for steaks, salads, inventive entrees, cocktails, great wine selection and too good to miss desserts. The owner, his staff and the general ambiance of this place have also made it a popular destination. The only thing upsetting loyal visitors or hopeful walk-ins has been that without a reservation they have often been turned away, not able to get a table.

Something had to be done and so Marco took the plunge and the double fronted property next door to really increase the size of his restaurant. Thus allowing for more covers, an amazing pizza oven (built on site), a beautiful bar, well stocked wine cellar and some colourful extras he had been wanting to include for a long time.



As a frequent visitor myself to Marco's, I have been delighted to pop in over the last few months, talk to him about his plans, and see them all come to fruition with the result that we now have this stunning new space to enjoy on Thappraya Road.

It has always been a pleasure to share the odd glass with him and discuss plans. From his early days at the Rompho market to his move to Thappraya Road (once a favourite foodie area in Jomtien and now really bouncing back). To discuss photoshoots, cover stories, the introduction of Grab takeaways during Covid (now a phenomenal success) and Pizza of the Month keenly waited for and expected by his regulars.



I look forward to the many new ventures and events that will now be possible in this exciting larger space and you will not be surprised to hear that I have already made a few suggestions.

Subscribe to the Pattaya Trader YouTube channel for our review, interview and video coming soon and don't forget to contact Marco and his lovely team by scanning the QR code, Tel: +6692 475 1493
FB Marco's@marcospattaya.
Take away also available via GRAB



— DISCOVER —
PATTAYA
 CONTRIBUTORS

James Kemp
Phisit Thanasuk
Mandy Supa-alpha Itthikaiwan
Shaun Sharples
Rodney James Charman
Yacht Style
Rick Click
Gloria Jones
Steve Wade
Barry Upton
Kanchan Nath



CONTENTS

COVER STORY

MARCO'S – THE GRAND UNVEILING

DISCOVERING

- 10 THE BBQ SEAFOOD BUFFET AT INTERCONTINENTAL
- 19 DR OLIVIER TAKES ON THE GREEN STUFF
- 20 DR NICHIA AND HER HOLISTIC CARE
- 22 THE POTENTIAL OF ACCELERATED LEARNING
- 24 THE ISE INTERNATIONAL SCHOOL

SPORTING AND LEISURE

- 28 DISCOVER MOTORING WITH JACK LEMVARD
- 30 YACHT STYLE
- 32 SPORTS UPDATE
- 33 FISHING WITH SHAUN
- 36 ROTARY'S CHRISTMAS BAGS

EASY LIVING

- 40 What's on the Small Screen
- 41 What's on the Big Screen
- 42 Tech living
- 44 Confessions of a Pop Tart
- 46 Crossword
- 47 Sudoku
- 49 Solutions and Important Numbers

PROPERTY AND TRAVEL

- 50 MANDY GOES TO MONACO
- 52 TRAVEL TRENDS FOR 2024
- 54 ROTARY FOUNDATION FUNDRAISERT
- 55 ROTARY CLUB PATTAYA CENTER INTERNATIONAL
- 58 CHAMBER EVENT AT THE HARD ROCK
- 60 WHY YOU SHOULD WORK WITH A QUALIFIED AGENT

This Month in Discover Pattaya

Hi Everyone

We are delighted to celebrate the success of one of our absolute favourite customers Marco's restaurant - going from strength to strength! Also we review the wonderful seafood buffet at the InterContinental Pattaya Resort. and at last we get our chance to interview the talented Mr Jack Lemvard. Then, travel with Mandy to Monaco, take a look at ISE, the fantastic work being done by Pattaya Rotary clubs and discover why you should always work with a professional property agent.

This month's issue also contains a great selection of hotels and restaurants, an ever growing education section, medical and beauty pages, sports, easy living, business travel, homewares and property sections. Which part of our magazine would you like to see your company in?

Let me know and see how we can help you grow your business along with our many successful advertisers and social media clients..

I look forward to hearing from you

Gloria x
 gloria@pattayatradetrader.com



St. Andrew's
 International School
 Green Valley



DISCOVER PATTAYA MAGAZINE is produced by Glory Publishing Co Ltd
 If you are interested in advertising here and through Pattaya Trader Online Media.
 Please Phone 0837 683696 or email gloria@pattayatradetrader.com



RESTAURANT - PIZZERIA

We have 20 Different types of Pizza to choose from

The pizza of November is finally here :

Mozzarella, mushrooms, rocket salad & Burrata cheese.



SCAN OUR QR CODE TO KEEP UPDATED
WITH ALL OUR PROMOTIONS
306/94 THAPPRAYA ROAD, PATTAYA
TEL +6692 475 1493 FB Marco's @marcospattaya

Also available for Take Away via:

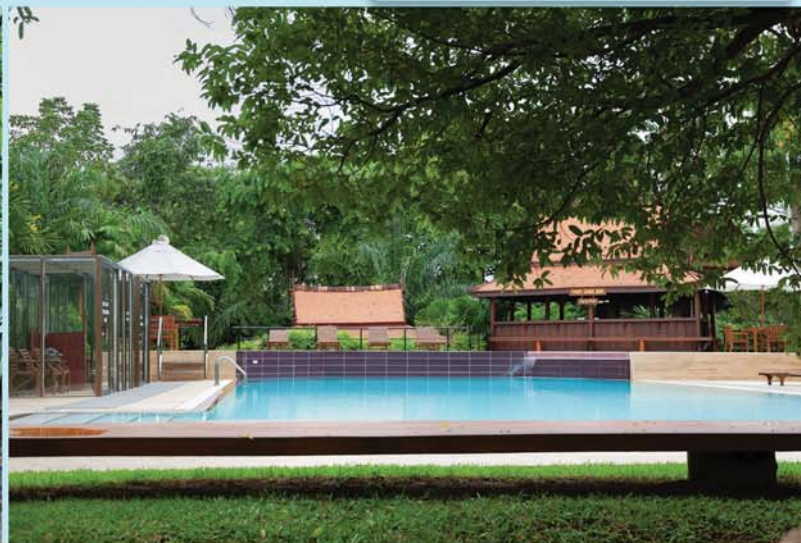




Sugar Hut
1984



Enjoy Authentic
Award Winning Thai Cuisine



The Original Boutique Resort and Restaurant - Since 1984



Sugar Hut Resort and Sun Sabella Complex are near
Pattaya Provincial Court on Thappraya Road,
sugarhut1984 www.sugarhut-resort.com



Tel 038 251 696-88 033 002 934/35 Please like our Facebook pages



Mediterranean Magic Meets Culinary Excellence

SCAN HERE!!



TO RECIEVE A DISCOUNT

Castaway Restaurant, Cafe, and Pool Bar invite you to indulge in the flavors of the Mediterranean and enjoy a luxurious and relaxing experience.

Our menu offers a variety of dishes crafted with care and expertise, making each bite a delight. Start your day on a high note with our speciality coffee and homemade bakery treats. Our poolside oasis provides the perfect setting to unwind, sip on handcrafted cocktails, and create lasting memories.

At Castaway, we believe that every moment is an opportunity to enjoy life's pleasures. Come join us for a Mediterranean dining experience like no other.

Castaway Restaurant, Cafe, & Pool Bar , Open daily from 10.00 AM - 10.00 PM



For more informations please contact reservations :

☎ 038 222 222

📱 @thegemspattaya

📷 thegemspattaya

📘 The Gems Mining Pool Villas Pattaya

🌐 www.thegemspattaya.com



**THE
GEMS
MINING**
Pool Villas • Pattaya



LOCATION

AVANI

Pattaya Resort

THE HUB

Work or Play ? Do it your way
at The Hub.

Offering comfy workspaces that come with choices of open seating, secluded couches or a private boardroom, with a vibrant atmosphere and full connectivity.

Open daily 7:00 am -11:00 pm.

Service provided:

- Co-working space
- Private boardroom
- Food, beverages and snacks
- The Hub super fast WiFi
- ConferenceCam capability
- Air-Print capability
- Coloured printing available
- Smart TV screen mirroring
- Wireless HDMI
- Whiteboard, markers, brush

Contact us directly to learn more T: 038 412 120 ext.: 1471

NOW OPEN

218/2-3 M.10, Beach Road,Pattaya 20260 Thailand
T: +66 38 412 120 E: pattaya@avanihotels.com

[f](#) [@](#) AvaniPattaya [LINE](#) @ AvaniPattaya

AVANIHOTELS.COM



AVANI

Pattaya Resort

THANKSGIVING BUFFET

It's time to offer thanks,
and celebrate with a traditional
feast, not to be missed
at Dicey Reilly's.

Enjoy our Thanksgiving buffet
on Thursday 23 November.
Kids under 5 eat free.

Price: THB 1,490 nett per person
Time: 12:00 noon - 10:00 pm
Venue: Dicey Reilly's

Early booking, before
Wednesday 15 November 2023,
at only THB 1,250 nett per person

For more information and reservation,
please contact us on 038 412 120 ext.1391

218/2-3 M.10, Beach Road,Pattaya 20260 Thailand
T: +66 38 412 120 E: pattaya@avanihotels.com

[f](#) [@](#) AvaniPattaya [LINE](#) @ AvaniPattaya

AVANIHOTELS.COM



VILLAGE
BUTCHER

PRIME
TIME

Elevate your dining experience to the next level at **Village Butcher**, the impressive **steakhouse** whose menu features top-quality cuts of meat from around the world, perfectly cooked on a Pira charcoal grill and served alongside a selection of fine wines.

Open daily: 6:00 - 10:00PM

345 MOO 3, NA JOMTIEN // SATTAHIP // CHONBURI // THAILAND // 20250
T +66 38 221 234 // ANDAZ.PATTAYA@ANDAZ.COM // ANDAZPATTAYA.COM

   @ANDAZPATTAYA #ANDAZPATTAYA

ANDAZSM | PATTAYA
JOMTIEN BEACH

EdenKo Phratamnak Soi 5

EdenKo

Outdoor Furniture



2590

inflatable 2.4m



89



699



2490

120CM
899



129

inflatable

120, 150, 180, 210,
240CM

LED Lighting



499



69



499

69



259



99



229



599



169



799



99



299



Pattaya : Phratamnak Soi 5 Tel. : (Fr) 085 363 5353 (Th) 063 899 5876

Sattahip : Sukhumvit Boontavorn Tel. : (Fr) 085 363 5353 (Th) 063 889 5876

Phuket : Charlemprikiat 4024 Hafele Center Tel. : (Th/Eng) 061 930 8800

edenkothailand.com

EdenKo
Outdoor Furniture

EdenKo Phratamnak Soi 5



Aluminium Sofa Set White or Grey 52.990.-



-25%

~~19.990.-~~

PE Rattan Sofa Set Grey or Brown 14.990.-



Aluminium Single Sofas Set 12.970.-

Outdoor Cushions

OLIFEN Fabric 200g 20D Foam -Cover With Zip!

Price Start: 350.-



Pattaya : Phratamnak Soi 5 Tel. : (Fr) 085 363 5353 (Th) 063 899 5876

Sattahip : Sukhumvit Boontavorn Tel. : (Fr) 085 363 5353 (Th) 063 889 5876

Phuket : Charlempriakiat 4024 Hafele Center Tel. : (Th/Eng) 061 930 8800

edenkothailand.com

EdenKo
Outdoor Furniture



THE INTERCONTINENTAL'S MARVELOUS BBQ SEAFOOD BUFFET

As a friend of mine remarked the other day, “The InterContinental Pattaya Resort is just pure class”. Everything from its location with stunning sea views and beautiful flower arrangements, to the tasteful decorations and attentive, friendly staff. Also, it scores points for the general ambience, especially in its dining areas where the lighting is not overly bright and yet not so dark that it is impossible to read a menu or sometimes even see what you're eating. It was therefore pure joy to visit the Marvelous BBQ Seafood buffet and to make sure that for your sake, dear reader, we would sample as much of it as possible, planning our strategy with military precision.

As we were seated on the terrace outside - with wonderful sea views and breezes (helped by giant fans) we thought we should begin with the nearby barbecue. We also guessed that a general love of seafood from our fellow diners would mean that this area would become increasingly popular as the evening went on, so we decided to get in early. However, I have to say the staff kept everything plentifully filled throughout the evening with Rock Lobster, giant prawns and freshly barbecued crabs displayed in an ice-packed canoe - which was a nice touch! All accompanied by a delicious freshly prepared Somtam.

Then it was time to go inside and straight to the sushi of which there was a tremendous section right next to smoked fresh salmon, and oysters that of course had to be sampled with the accompanying sauces. I then found myself opposite the cold cuts and cheese station, and well that had to happen. From Brie and Camembert to a tangy blue cheese with very pleasing additions of walnuts, strawberries, olives and grapes it was all great. I decided to accompany my cheese with some salad from a selection which was pleasingly inventive. I tried a crunchy green mixed salad with onion and ricotta and a delicious mango option.





Feeling suitably healthy it was then on to the Meat Fest. If you come to this buffet with someone who is not a great seafood lover do not despair there are plenty of meat alternatives from chicken wings and Thai-style sausages to Beef wellington, Truffle soup and fall-off-the-bone ribs in deliciously rich barbecue sauce. Also, talking of sauce, the roasted duck breast deserves a special mention as it was covered by an amazing berry sauce which was a nice change from the usual orange. The stir-fried chicken with lemongrass was also particularly good and the steamed pork belly with pickled cabbage.

Plenty of rice dishes also available and a dazzling array of bread. A member of our team couldn't resist, especially because of the fresh butter alongside but I didn't have space for the carbs. This was also why I bypassed the pasta station even though it did look very tempting and seemed extremely popular with the children.

It was pleasing to see well-behaved kids really enjoying the buffet particularly the homemade ice cream, popcorn, fruit and chocolate fountain. The dessert table had a tempting variety of goodies for all the sweet lovers including mini creme brulees, raspberry mousse with fresh raspberry garnish, all kinds of large cakes such as mango, strawberry and cream sponge, and small Tiramisu in shot glasses.



Although my taste is usually more towards savoury food I really couldn't resist and was delighted that what I tried was fresh and not at all too sweet, sickly or creamy.

For beverages, soft drink options are many. Rather than a cola or the usual soda water we decided to give Ginger Ale a try, and actually found it worked very well with the buffet. For those of you who might be tempted to one of the accompanying free flow offers there is wine at 1,150 baht (net price) and beer at 550 baht (net price) available for 2 hours - but be sure to allow plenty of room for the food!

Marvelous BBQ Seafood Buffet is THB 1,450 net per person



THE BEACH CLUB
PATTAYA



All You Can Eat Seafood Buffet!

Every Friday & Saturday /
6-9pm / THB 1,199++/person
@ The Beach Club Restaurant

International Buffet Menu Items / Rock Lobster / Imported Oysters / New Zealand Mussels / River Prawns / Blue Crab / Carving Stations / Japanese Corner / Thai herbal drinks and more...

Exclusively for June! get a glass of house pour or a half pint draught per person.

For kids and non-drinkers, soft drinks will be available.



Cosy Day Bed!

Everyday / 11am onwards
@ The Beach Club / THB 999 Min Spend*

Enjoy the sea, sun and sand on our Day Bed* by just ordering any food & beverage from our menu or watersports equipment rental

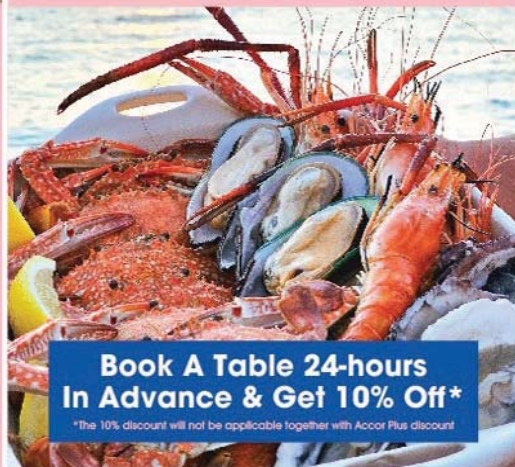
Scan the QR code to view The Beach Club Pattaya Menu.

Seafood Platter

Every Thursday / 11am - 9pm
@ The Beach Club
THB 1,700++ per platter

Grilled River Prawn / Rock Lobster / Grilled Squid / Steamed Blue Crab / French Fine de Claire Oysters / Mussels / Yum Woon Sen Salad

Add just THB 999 ++ to include a selected bottle, with a choice of red, white, rose or sparkling



**Book A Table 24-hours
In Advance & Get 10% Off***

*The 10% discount will not be applicable together with Accor Plus discount



Happy Hour On The Beach!

Everyday / 2-5pm @ The Beach Club Bar
Drinks from THB 120 net

Scan the QR code to view Happy Hour Menu.

The Beach Club Pattaya | Open every day from 11am til 9 pm (10pm on Friday & Saturday)

Pullman Pattaya Hotel G 445/3 Moo.5 Wongamart / Pattaya / Follow us on [f](#) [@thebeachclubpattaya](#) [038 411 940](#)



BENIHANA
PATTAYA

Wow Factor Festive Season Dining

Celebrate your festive season in sizzling style at your favorite Japanese steakhouse, as you take celebrations up a notch. Choose from our Teppanyaki set menus, raise a glass, sit back and enjoy the entertainment. Private rooms are available. Book your table now and bring your friends and family for an unforgettable experience.

Christmas Eve and Christmas Day
Price: Starting at THB 2,500++ per set, including one glass of sparkling wine.

New Year's Eve
Price: Starting at THB 3,000++ per set, including one glass of sparkling wine.

For more information and reservations, please contact us on 038 412 120 ext. 1395



[f](#) BenihanaPTY | [@benihana_pattaya](#) | [@benihanapattaya](#)
www.benihanathailand.com

AVANI
Pattaya Resort



MARVELOUS

BBQ Seafood Buffet

EVERY SATURDAY | 6.00 PM – 10.00 PM

INCLUDING FREE - FLOW SOFT DRINK

ADULT: **THB 1,450 NET** PER PERSON (FROM 2,121 NET)

CHILD (7 - 12 YEARS OLD): **THB 725 NET** PER PERSON (FROM 2,121 NET)

CHILD (UNDER 6 YEARS OLD): DINE FOR FREE!

ENJOY YOUR BUFFET WITH FREE FLOW BEER (2 HOURS)

THB 550 NET PER PERSON



HEMINGWAYS LAKESIDE



The Newest Family Friendly Restaurant and Sports Bar at Mabprachan Lake is the 3rd Great Hemingways location Joining Jomtien and Central Pattaya the Lakeside venue has 14 Big Screen TVs with Live Sports on Demand, Outside pool, inside air conditioned seating. Quality food including Traditional Pub Grub and English speaking staff.



11/ 2.moo 4 pompranmit road
Mabprachan lake



Tel: 095 078 2567
hemingwayslakeside.com

HAVING A PARTY?

Party Food Pattaya is the leading event caterer in Pattaya, providing for events big and small, from birthday parties to condo events. Whatever you need, we'll be able to supply your party with a wide variety of great foods, cold drinks, service staff, and much more.

Just some of our happy customers



“ We have been using Party Food Pattaya for over 7 years. Terrific tasting food, great selection and never let me down. Johan 'Lady Love' ”



Pattaya's premier party food supplier since 1997
Website partyfoodpattaya.com
Facebook [fb.com/partyfoodpattaya](https://www.facebook.com/partyfoodpattaya)
Call 0871 376 138 (English) or 038 710 609 (Thai)



NATANIS

Thai and French Restaurant

406/333 Jomtien Thappraya Rd
email:natans2008@hotmail.com

Tel: 038 251 250

HEMINGWAYS JOMTIEN

JOIN US FOR THANKSGIVING DAY NOVEMBER 23RD.

With a large central bar and many TV screens, Hemingways is a great place to catch up with all the live sporting events. Our popular quiz night is from 7:30 pm every Monday. We have weekly and daily specials such as Ploughman's lunch on a Thursday and don't forget to book for Thanksgiving at Hemingways with a special 3 course menu at only 895 baht.



414 / 21 Moo 12, Thappraya Road,
Pattaya, Thailand, Chon Buri



Tel: 064 620 9225
info@hemingwaysjomtien.com

Enter the World of Magic Cafe: Where Fun and Enchantment Unite! An Extravaganza of Delights in Lake Mabprachan



Games Room with Monopoly, Catan, Pokemon and "Magic The Gathering" trading card games.

Outdoor games Petanque, putting green, giant Jenga, and Live Music Stage

We can host special events like Birthday Parties, Wedding Receptions, or Corporate event.

Restaurant serves: American food, panini, Club Sandwich, Salmon bagel and Thai favourites.

Extensive array of coffee and cold drinks.
Large selection of Beers and Cocktails.



9/8 Moo 3 Pong, Banglamung, Chonburi 20150 Tel: 098 267 0100
Magiccafe Pattaya@gmail.com magiccafe Pattaya.com



OPEN 24 HOURS

GOOD FOOD FOR GOOD HEALTH



PATTAYA-KLANG 0 3836 0171
 PATTAYA- TERMINAL 21 0 3325 2000

THINK OF FOOD THINK OF FOODLAND www.foodland.co.th www.facebook.com/foodland24hours [foodlandsupermarket](https://www.instagram.com/foodlandsupermarket) [@foodland24hours](https://www.tiktok.com/@foodland24hours)
 Charansanitwong 0 2411 3333, Patpong 0 2234 4558, Petchaburi 0 2318 2063, Pinklao 0 2446 8080, Hua-Mark 0 2314 6763, Thonglor 0 2390 1188, Raminthra 0 2521 2560, Sukhumvit 5 0 2254 2247, Sukhumvit 16 0 2204 2288, Lardprao 0 2530 0220, The Brio Phutthamonthon Sai 4 0 2116 5678, Laksi 0 2576 0606, The Bright-Rama 2 0 2007 5300, Srinakarin 0 2383 3313, The Street Ratchada 0 2121 1911, Victoria Gardens Phetkasem 0 2021 6789, Porto Chino-Rama 2 0 3411 0840, Terminal 21 Korat 0 4449 8700, Pattaya-Klang 0 3836 0171, Int Intersect Rama 3 0 2682 6212, Terminal 21 Pattaya 0 3325 2000, Att U Park Bangna 0 2117 1028



TONY'S PUB

TONY'S INTERSECTION 3rd
SOUTH PATTAYA

EAT DRINK DANCE

IMPORTED INTERNATIONAL BAND
ALSO LOCAL BAND

OPEN 8 P.M. ONWARDS
GREAT VALUE FOR
THE LOWEST PRICE IN TOWN
AIRCON



TONY'S ENTERTAINMENT COMPLEX TONY'S FANCLUB @TONYCLUB_PATTAYA 094-256-6425 , 064-651-4252



DINER PATTAYA

Open 7 days a week
7.30-21.00

Serving authentic American dishes
Breakfast - Lunch - Dinner
Daily Specials



061 391 4898
Route66pattaya.com



PADDY'S

IRISH PUB AND GRILL

Largest Irish Pub in Thailand!
Authentic Irish Eatery By The Lake
Siam Country Club Road

Open 7 days a week
Seating for 180+



098 285 0107
Paddypubpattaya.com

DEUTSCHE DENTAL CLINIC

Dr. Ramin, the only German dentist / implantologist in Thailand

- More than 30 years professional experience
- Consultation and quotation free of charge
- Hygiene according to EU standards
- Minimum invasive surgery
- German quality - Thai prices
- All materials and equipment imported from Germany
- Newest digital X-ray unit - very low radiation.



We are located inside TW Jomtien Beach Village
Soi 12 Theprasit Rd
GPS: 12.906340 100.874026

OPEN
MONDAY - FRIDAY
10:00 a.m. - 6:00 p.m

Bleaching and prophylaxis
Aesthetic dentistry
Crowns and bridges
Dentures
Implants

MOBILE, LINE AND WHATSAPP +66 61 61 555 43
www.travel-dental.com
E-Mail: traveldental@aol.com



ASIAN OPTICAL

When did you last have your eyes tested?



Like regular trips to the dentist having your eye tested is something we often forget to do and yet we should get them checked at least once a year.

There are many opticians in Pattaya and quite often on our Facebook sites Pattaya Trader - Discover Pattaya and Pattaya Trader Expat Ladies Group we are asked to give recommendations. Asian Optical on Pratumnak Soi 4 is the only one we recommend. This is because unlike some other opticians that are little more than shops selling glasses in Pattaya Asian Optical can give you a proper eye test and they also have a fantastic selection of frames, lenses and contact lenses.



Contact Khun Charn for an appointment
091 7499965 and remember that if you wear
contact lenses you need to take them out at least 3
hours before you are due to take your test.
FB Asian Optical email V_impress@hotmail.com
Soi 4, Pratumnak, Pattaya, Chon Buri
Telephone 081 001 0418



MEDICAL CANNABIS NOW AVAILABLE FROM DR OLIVIER

Since antiquity cannabis and hemp plants have been grown all over the world, mainly for their very strong fibres used in the production of rope and cloth. Different geological locations and climatic factors have affected the plants so that in some regions they contain a resin that is used for medical and drug use. In India, for example, they have been incorporated in Ayurveda medicine for many years.

Claimed benefits for the use of Cannabis are as a sedative, relaxant, anticonvulsant (in the treatment of epilepsy), appetite stimulator, for pain relief and even to help with the withdrawal symptoms of alcohol and opiate addiction. There are two main chemicals found within the plant CBD and THC. CBD is mostly used for its medical benefits and THC associated with the intoxicating effect of "getting high". Social users generally prefer smoking cannabis although oral alternatives such as cookies, cakes and edibles have gained in popularity, The third and newest form of absorption is by the sub-lingual method. This is the most effective way as the oil is dropped under the tongue and absorbed quickly via the mucus in this area.

Dr Olivier Meyer now has a licence to prescribe and sell cannabis oil via his clinic. His goals for its usage are to aid in the treatment of anxiety and depression, to help patients who suffer from any chronic pain, arthritis and cancer and also to treat sufferers of Post Traumatic Stress Disorder who he often sees as there are many veterans living here in Pattaya. In addition the oil can be used to help with Alzheimer's and Parkinson's diseases and for terminal cancer patients or those suffering from HIV as its effect of stimulating the appetite can be most beneficial

Of course by obtaining cannabis oil from a proper licensed authority such as Dr Olivier you can be sure that the dosages will be monitored. For example, he may prescribe the use of 1-2 drops initially, increasing the number if required. Also, recommending differing strengths depending on the patients' complaints. There are 3 varieties available: CBD Oil only, A CBD and THC mixture and a THC stronger oil and of course the Doctor strictly follows all of the Ministry of Health's Regulations when prescribing. So if you have been wondering about the benefits of Cannabis but want to make sure you are advised properly about its usage book an appointment to see Dr Olivier

 **DR. OLIVIER CLINIC**
English, Deutsch, Français, Thai

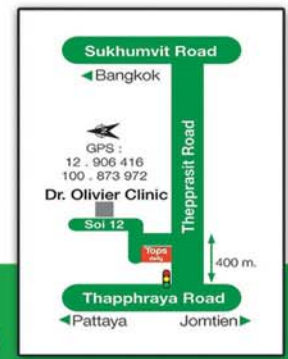
Think of Wellness... Think of Dr. Olivier Clinic



- + GENERAL MEDICINE
- + ANTI-AGING
- + CHECK-UP
- + VITAMINS + MINERALS Infusion
- + FOOD SUPPLEMENTS
- + NAD+ (IV DRIP)
- + MEDICAL CANNABIS

Open: Monday-Friday 9-15 hrs
www.dr-olivier-clinic.com

Tel. 038 303 331 Line: drolivier
E-mail: info@dr-olivier-clinic.com



DR NICHIA FOR HOLISTIC CARE

Dr Nichia is expert in the fields of dermatology, cosmetology, anti-aging, health and nutrition. She has had her own clinic here in Pattaya for over 10 years. Previously located near Central Festival it is now opposite Apus Condominium behind Big C Extra.

When you are a patient of Dr Nichia she will advise on care for your whole body not just the outward features. After an initial consultation she will take great care to provide a holistic treatment tailored to your individual needs. Consider her clinic a one-stop shop not just for beauty treatments such as lasers for rejuvenation facials and anti-ageing but also for medical procedures.

Dr Nichia can get her lab to check you for diabetes, cholesterol, to see if you have a danger of possible liver or cardiovascular disease, even check for food allergies or vitamin deficiencies.

Unlike most doctors she would rather see her patients healthy through use of NAD and vitamin drips rather than pills and medication. Preventative methods of highlighting possible problems before they become serious is also something she advocates. Above all

her priority is safety. The clinic uses only the very best, top-grade equipment, products and machinery and everywhere you look you will see the many certificates awarded to Dr Nichia. Her staff are also exceptionally well trained with very good English. Most of them have been with her for at least 8 years and she even has Russian translators.

So make an appointment today for a consultation with Dr Nichia. Scan the QR codes below to get the exact location of the clinic and don't forget to mention Discover Pattaya in order to claim a very special Buy 1 Get 1 Free offer for her amazing RF Laser treatment - you'll love its lifting and firming benefits.



Nicha Clinic Pattaya

Aesthetic & Wellness Beauty Clinic

Nicha clinic pattaya

RF LASER TREATMENT

Buy 1 get 1 Free
(Lifting & Firming)

2,500.-



☎ 084-292-4795

Nicha Clinic Pattaya
202/105-106 Moo 9, Nongprue
Banglamung, Chonburi 20150





REGENTS INTERNATIONAL SCHOOL
PATTAYA

A NORD ANGLIA EDUCATION SCHOOL

A TAILORED JOURNEY TO SUCCESS

With our world-class teachers, we provide a learning environment that inspires and empowers young minds to achieve great things. Your child will excel at Regents, as they shape their own academic journey to success.



Contact admissions@regents-pattaya.co.th or scan the QR code for a campus visit and learn more about our school.

CREATE
YOUR
FUTURE

Unlocking the Potential of Accelerated Learning

by James Kemp Head of School The British Learning Centre - Bang Kapi.



In the ever-evolving landscape of education, parents are constantly seeking innovative methods to enhance their children's learning experiences and boost academic achievements. Among the plethora of pedagogical strategies, one that stands out as a for its effectiveness is "spaced practice" combined with the "Leitner Method." These techniques have shown remarkable results in accelerating learning, fostering retention, and transforming study routines into a lifelong skill. In this article, we shed light on how parents can harness these tools to nurture accelerated learners.

Spaced Practice: The Science Behind Learning

Spaced practice is a learning approach rooted in cognitive psychology and memory research. The concept is simple yet profound: instead of cramming information into a single intense study session, spaced practice involves distributing study sessions over time. It is based on the idea that memory retention and long-term learning are significantly enhanced when information is revisited at intervals. This approach capitalises on the brain's ability to consolidate and reinforce knowledge when exposed to the same material repeatedly but with adequate gaps between each exposure.

The benefits of spaced practice are manifold. First and foremost, it helps prevent the notorious "forgetting curve" that plagues traditional cramming. By revisiting material at spaced intervals, learners reinforce their memory, making it more likely that the information will be retained over the long term. Moreover, spaced practice promotes deeper understanding and better comprehension, as learners engage with the material multiple times from different angles. It also reduces the overall time required for effective learning, as shorter but more frequent study sessions can be more efficient than marathon cramming sessions.

The Leitner Method: A Structured Approach to Spaced Practice

While spaced practice offers a promising framework for learning, implementing it effectively can be a challenge, especially for young learners. This is where the Leitner Method comes into play. Named after its creator, Sebastian Leitner, a German science journalist, this method provides a structured and systematic approach to spaced practice, making it accessible for learners of all ages.

The Leitner Method is centred around the use of flashcards. Here's how it works: learners create a set of flashcards with questions or information on one side and answers or explanations on the other. These flashcards are then divided into different boxes or groups. Learners start with all the cards in Box 1. During a study session, they go through the cards and attempt to answer each question. If they answer correctly, the card is moved to Box 2. If they answer incorrectly, the card remains in Box 1.

The brilliance of the Leitner Method lies in its structure. As learners continue their study sessions, they focus more on the cards in Box 1, which contain the material they struggle with the most. As they progress and successfully answer cards from Box 1, these cards gradually move to Box 2, then to Box 3, and so on. By the time a card reaches the final box, learners have mastered the material and need only occasional review to maintain their knowledge.

Other Accelerated Learning Techniques

In addition to spaced practice and the Leitner Method, there are several other accelerated learning techniques that parents can explore to further enhance their children's learning experiences:

Mnemonic Devices: Mnemonics, such as acronyms, rhymes, and visual imagery, can help children remember complex information by associating it with easier-to-recall cues.

Active Learning: Encourage your child to actively engage with the material through discussions, debates, or hands-on activities. Active learning promotes deeper understanding and critical thinking. Ask questions that require your children to explain their understanding, edit and predict.

Mind Mapping: Mind maps are visual representations of information that help children organise and connect concepts. They are particularly useful for subjects that involve complex relationships between ideas.

Peer Teaching: Encourage your child to teach what they've learned to a peer or family member. Teaching others reinforces their own understanding and helps identify areas where they need further clarification.

Online Learning Platforms: Explore educational websites and apps that offer interactive lessons, quizzes, and games. These platforms can make learning more engaging and enjoyable for children.

Balanced Nutrition and Rest: Ensure that your child maintains a healthy diet and gets adequate rest. Physical well-being plays a significant role in cognitive performance.

In conclusion, spaced practice, the Leitner Method, and other accelerated learning techniques offer a powerful toolkit for nurturing accelerated learners in the home environment. By embracing these methods and fostering a love for structured, efficient learning, parents can equip their children with invaluable skills that extend far beyond the classroom. Remember, learning is a lifelong journey, and these methods empower children to become not just students but self-directed and motivated learners who can excel in any field they choose to pursue.



+66 84 090 5572 (Thai) + 66 95 573 5638 (English)
79/17 Padtanakan 1, Moo 13 Nongprue, Banglamung, Chonburi 20150
info@britishlearningcentre.com britishlearningcentre.com

**Be adventurous.
Be brilliant.
Be happy.**



**Visit our spacious
campus today**



St. Andrews
International School
Green Valley

☎ 038 030 611

✉ greenvalley@standrews-schools.com

🌐 www.standrewsgreenvalley.com



Discovering The International School Eastern Seaboard by James Kemp Head of School The British Learning Centre - Bang Kapi.

The approach to the International School Eastern Seaboard must be one of the most scenic in Thailand: nestled among the manicured fairways of Burapha Golf Club, the school has been an established name within the region since its inception in 1997. As with all schools, ISE have faced challenges during the recent pandemic; I met with the Head of School, Mr. Roberto Santos, and Head of Secondary School, Mr. Stuart Ashford, to find out how the school has bounced back and their vision for its future.

'Renaissance' was a word that Mr. Santos used when speaking about the school, and I must say after our conversation I felt it an appropriate term to describe how ISE is moving forward. Seeking to solidify their reputation as a truly international school, Mr. Santos and Mr. Ashford spoke with fervor about how ISE was embracing the values and theories which underpin the International Baccalaureate Diploma programme, rather than simply offering the qualification, and by employing teachers that share in this approach. In my experience, this is an integral part of developing a feeling of consistency and shared vision that has a massive impact on student outcomes.

One concern that many parents have is that, while recognising the value of learning English, their child might fall behind in their native language. This is a particular worry for parents who are only in Thailand for a few years before returning home or would like their children to attend university in their native country. Understanding this, ISE offers first language lessons and qualifications in Japanese, Korean, Chinese, Thai and Spanish, something that is, to my knowledge, unique in the region. It also helps ISE to maintain a diverse staff, which is again an integral part of their international feel.

Ensuring that all students feel that they can achieve well is another area about which Mr. Santos and Mr. Ashford feel passionately. The school has several routes that students can take on their journey towards their qualifications: the IB Diploma, High School Diploma or a combination of the High School Diploma and selected courses from the IB. This means that all students can experience academic success, at their own level, and have the necessary qualifications they require to move forward into higher education.

I was interested to hear about the importance ISE places on helping their students to develop personally, as well as academically. The school is accredited by the Western Association of Schools, The National Honours Society chapter - a program through which their students have worked to support Operation Smile, a charity that offers free cleft surgeries for children. They have an active Model United Nations Club and integrate the CAS (Creativity, Activity, Service) programme from the IB Diploma into as much of their curriculum as possible. Giving back to the local community is something close to Mr. Santos' heart and something that I feel ISE wishes to embrace, developing a programme of scholarships for local children to enable them to access international education at ISE.

Undoubtedly, Covid 19 presented the International School Eastern Seaboard with hurdles to overcome. That said, I was impressed with their vision for the future and their desire to establish themselves as a school that offers an international experience which is distinct from many of the schools locally, who lean more towards a British model of education. Both Mr. Santos and Mr. Ashford are highly experienced educators and senior leaders, having worked in schools around the world, which makes them well-placed to empower the school to achieve this goal. If you are interested in a fully accredited school, with a genuinely global outlook, in beautiful surroundings with a long tradition of offering quality education, I recommend a short trip up Highway 7 to find out what ISE can offer.



MOOLTRIPAKDEE INTERNATIONAL SCHOOL

“it’s all about the children”

Call 092-3261188 or e-mail enquire@mis.ac.th to book a school tour.



Odyssey Learning Centre

More Than Just Knowledge Gatherers

Delivering a broad and balanced holistic education programme that nurtures the growth of strong and confident children aged 4 to 13. Full time and part time options available



50% off enrollment with the code 'Discover'

Email: admin@odysseylearningcentre.org Tel: +66 6245 12481
Horseshoe Point 100 Moo 9, Pong Banglamung Chonburi



Easy

ABC

Language School Pattaya
since 2008



Owner & Founder:
Wolfgang Payer



Easy/ABC
Language School

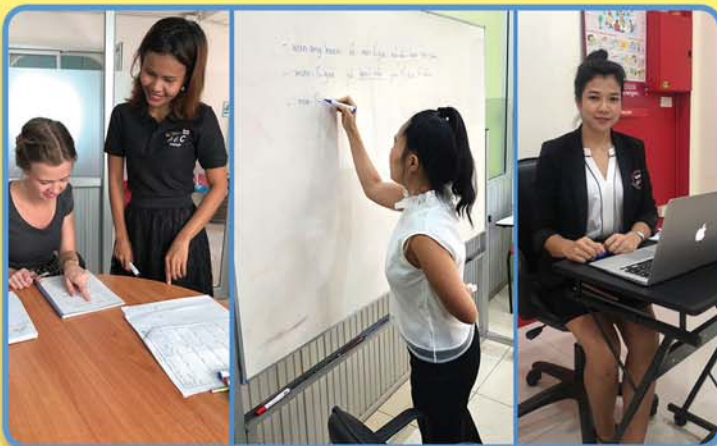


More Infos about
Easy/ABC

Education Visa

Live in Thailand
with an **ED - Visa**
while studying
with us

For ages 12 - 49 years old



Our Courses

Thai, German, Russian,
English, and Computer courses
are tailor made to give YOU
the best possible experience

Also available as
Group, Private, and
Online **LIVE** Classes

About Easy ABC

The winner of the ASEAN
Awards 2016, a leading
and reliable source
of education in Pattaya

Other available courses also
include German A1 - B2 and
Computer Graphic lessons



International staff available at all times

NEW!

Thai Beginner Course

Start: November, 13th 2023

Learning Thai opens the doors to a rich and vibrant culture, allowing individuals to connect with locals, navigate the country with ease, and truly immerse themselves in Thailand's diverse heritage.



English Beginner Courses

A new English course will start in November 2023, taught by a native speaker!



www.easy-abc-th.com

+66 (0)38 251 952



+66 (0)89 881 9873



391/127 Thappraya Road Soi 11
Nongprue, Banglamung, Chonburi

Location



GLORIA CHATS WITH JACK LEMVARD - ONE OF THAILAND'S MOST TALENTED DRIVERS

I have been wanting to interview Jack Lemvard for quite some time as he is definitely a local success story, born in Pattaya at the Memorial Hospital. So it was great to have a coffee and chat with him..

Jack's road to racing started as is usual, with go-karts. He was just 10 years old when he first tried driving one along with two of his school friends. They didn't continue but Jack was hooked. He drove his Dad mad for his own go-kart, finally getting his wish at the age of 13. From then on he was obsessed with racing, even forgoing school meals and using his lunch money to pay for practice sessions at the weekend.

The go-kart wasn't in great shape ("a piece of really") and constantly needed repairing. Happily the older drivers around the track took pity on Jack and, admiring his determination, helped out by giving him their old tools and chains. Without the money to pay for a mechanic Jack also quickly learnt to take care of all the repairs himself. Today he feels that this was a good thing, as his engineering knowledge has served him well since then.

Jack's father had a restaurant in Denmark and suggested his son join him there to finish his education. However, it was not a great time for Jack, he remembers it as always being cold. He missed Thailand and of course, his racing. He dropped out of his International Baccalaureate course and instead went to a cooking school, saving the money he earned part time from washing dishes.

At the age of 18, Jack took his hard earned cash straight back to Thailand and directly to the Pattaya Kart Speedway Track to carry on with his racing dream. Once that source dried up he got a job working with an oil and gas company in Ban Chang, passing all the necessary tests to get a level 2 certificate. Although the money offered was very attractive, racing was the only thing Jack really wanted to do. So it was indeed great timing when just as he was being offered an offshore job, the developers of Ocean 1 Tower stepped up to become his racing sponsor.



During 2 years of being sponsored by the property developer Jack was at last able to focus 100% on his racing career. The results of which speak for themselves with Mr Lemvard winning many championship titles including: Thai Honda Jazz Super Cup, Thai Honda Pro Cup, Thai Lotus Cup, Thai Toyota Vios Cup, Asian Touring Car Series and many Thailand Super Series. He was also able to grade up from the days of his first little go-kart to race Porsche 991, Porsche 996gt3, Lamborghini Gallardo and BMW, competing in The Formula BMW World Finals in Spain as the best finisher of all the drivers from Asia.

Unfortunately, as with so many things, COVID put a halt to Jack's racing career as he found himself unable to compete while all the tracks were closed. However, he came back with gusto when they opened up again as he became 2022- 1st GTC Thailand Champion of the year.



This was followed by more good news as today Jack is not only back to racing at Bira, Bang Saen and Buriram but is employed by Team Ford for both Ford Mustangs and Rangers. They keep him busy, racing with both teams in Thailand, and he was recently also in Malaysia.

In fact now that the world is opening up again Jack is keen to continue to compete internationally. His dream being to race in the V8 Supercars Championship in Australia and become a World Champion in an FIA approved series. He also gives back to the sport he loves by coaching talented youngsters.

Success in all your ventures, Jack - we shall be cheering you all the way!





SUNSEEKER'S TOP SPORT YACHT

Described as the “ultimate social boat”, Sunseeker’s new 75 Sport Yacht is the new flagship of the British builder’s sports bridge series.

Sunseeker has showcased its new 75 Sport Yacht in the Mediterranean, where the yacht showed off the power and performance of a model able to reach 40 knots with the upgraded option of twin MAN V12-1900 engines. The yacht has an overall length of 75 ft 8in (23.06m), a beam of 17ft 8in (5.38m) and a draft of 6ft 2in (1.87m). An extensive upgrade of the 74 Sport Yacht, which is still available in its XPS version, the 75 Sport Yacht has a spectacular sports bridge, a long indoor-outdoor social area on the main deck, an aft starboard garage for a Williams SportJet 395, and a lower deck with three en-suite guest cabins, lower dinette or extra cabin, and two crew berths. The stern features a hydraulic lifting platform for direct water access while the tender garage houses a Williams SportJet 395 and is fitted with an integrated tender recovery roller system for easy launch and recovery.

Beautiful integrated deck lighting ensures visibility at night while offering a warm ambience and striking appearance. The aft cockpit has a J-shaped seating area, a rise-and-fall folding table finished in carbon-fibre, an aft sunpad with a large Seabob stowage locker underneath, as well as the option of a control station. The foredeck offers a C-shaped sofa and island sunpad along with speakers, drinks holders and storage. The extensive sports bridge provides a vast entertainment space with two C-shaped seating and lounging areas, twin-seat helm station, four waterproof Fusion Marine speakers, and a wet bar with a water tap, refrigeration, optional barbecue grill and ice maker.

To access the interior, the cockpit door slides to starboard and descends with the window to unite the cockpit with the saloon and create an extensive indoor-outdoor environment. The saloon features bold interior styling and contemporary furniture crafted from wood, carbon-fibre and stainless steel, all illuminated with dimmable mood lighting.



The configuration of the interior and the material selections are customisable. The standard arrangement includes a C-shaped sofa and a fold-out table to starboard, with a large television unit to port. As well as expansive glazing on all sides, there’s a panoramic sliding sunroof above the forward area, which includes a twin-seat helm and L-shaped companion seating, and stairs to the lower deck. Below deck, the lower galley is to port and features high-quality Miele appliances, a fridge-freezer, and dedicated cabinetry for crockery, cutlery and glassware. A 20-bottle wine cooler can also be specified. Forward is an L-shaped dinette or a fourth cabin with Pullman berths. The three en-suite guest cabins comprise a VIP cabin in the bow, a convertible twin/double to starboard, and a full-beam master midships, where port side options include two seats and a breakfast table, a chaise longue or a storage unit to match the starboard side.

This article is published by kind permission of

YACHT
style



AGE: 35+



For more information or
to register, please visit
www.royalcliff.com/aswitf2023

18-24 November 2023
Venue: Fitz Club
@ Royal Cliff Hotels Group,
Pattaya



MT700-ITF

ASSETwise TENNIS MASTERS CHAMPIONSHIP

The ITF MT700 tournament is the most elite
and the highest level competition in Asia.



For general enquiries and room bookings please send us an email: fitz@royalcliff.com
Or call us on Tel: 038-250421 (please contact Ms Guntida, Tournament Coordinator)

Sports Update

For November by Steve Wade

The Formula 1 season is already over as far as the drivers and constructor's championships are concerned but there are still three scheduled races in November, including the Brazilian and Abu Dhabi races. What most fans will be looking forward to though is the Las Vegas version which gets into sin city on the 18-19th of the month. This new addition to the F1 schedule is being held on a street circuit including the strip and the organizers are hoping that it becomes the flagship event for the entire sport, gaining the interest of the American public and raising the profile of the sport for non-motor racing fans around the world. I think we can trust Las Vegas to turn on the razzle dazzle and make it a spectacular show. It should make for great viewing.



The Champions League has two matchdays in November, on the 7-8th and 28-29th. Newcastle are making a great show of it so far after being drawn in the so called "group of death" and are away to PSG on the 28th, who they hammered at St. James' Park 4-1 earlier in the competition. Manchester United are bottom of their group at the moment and will need away wins at both Copenhagen and Galatasaray to give themselves a chance of qualifying for the knockout stages.



The Premier League has three matchdays planned because of a further international break and highlights include the London derby between Spurs and Chelsea on the 6th, the visit of champions Manchester City to an improving Chelsea on the 12th and finally Liverpool go to Maine Road for the early kick-off on the 25th.



Finally, the "race that stops a nation", the Melbourne Cup, is being run on Tuesday the 7th of the month. Held at Flemington Racecourse, this is not just one of the richest horse races on the planet but one of the great events on the Aussie social calendar. The action starts early but the actual race will be at 11am local time. That's it for this month. Happy viewing everyone.

FISHING WITH SHAUN

Day 1 of our Homestay & Fishing expedition at Chom Bueng kicked off with an adrenaline pumping moment as the fishing line went taut and the struggle for control began.

It was evident we had a massive catch on our hands—a formidable arapaima weighing an astounding 396 pounds. This incredible start was followed by two more arapaimas, weighing 308 and 265 pounds respectively.



Adventures in Homestay and Fishing Chom Bueng: A Tale of Angling Triumphs

Despite losing three other potential catches in between, the thrill of the day didn't end there. I also reeled in a remarkable 2.6-kilogram golden bellied barb, dwarfing the current IGFA world record of 1.85 kilograms. Unfortunately, for the record books, these need to be caught in the wild, so it remains an unofficial world record. The excitement continued as I landed an albino gar weighing around 25 pounds and engaged in an exhilarating battle with a hefty 39-pound Amazon redtail.

Day 2 presented a slower start to our fishing escapade. However, we were soon rewarded with the capture of a splendid 46-pound platinum gar. Following a brief lull in the action, we shifted our focus to the juvenile ponds at the back, where we successfully landed two 60-pound arapaima. Seeking more thrills, we returned to the main lake and were met with a frenzy of arapaima bites. Although some managed to evade our hooks, we persevered and triumphed, eventually reeling in a colossal 352-pound monster. Our success continued with catches of pacu weighing 18 and 20 pounds respectively. However, the pinnacle of excitement arrived when my camera assistant skillfully hooked a rare rita salaween chunk, boasting an impressive weight of around 39 pounds. Our Homestay & Fishing adventure at Chom Bueng was a tale of triumphs and exhilarating moments, making memories that will forever be etched in our angling chronicles.

Please remember you can see this action first hand on The Savage Fishing Youtube Channel at <https://www.youtube.com/@savagefishingchannel> Savage Fishing Channel - YouTube
AS WELL AS BEING A KEEN FISHERMAN SHAUN ALSO BRINGS US AUTHENTIC, FISH AND CHIPS
WITH SHARPLES TRADITIONAL UK CHIP SHOPS.



Sharples
TRADITIONAL UK CHIP SHOP

FOR A TASTE OF HOME

Choose from Cod or Haddock, With Home Made
Chips, Mushy Peas, Garden Peas, Beans and a choice of
sauces: Gravy, Curry or Tartar Sauce

FB SHARPLES TRADITIONAL UK CHIP SHOP

Sharples New Plaza branch, Soi New Plaza Pattaya

Jomtien Branch, Thappraya/Beach Road Jomtien
Telephone 098 624 3492 sharpleschipshop@gmail.com

PLANET FOOTBALL HAS LOTS OF EVENTS & ACTIVITIES TO OFFER BOTH CHILDREN & ADULTS
GET INVOLVED BY CONTACTING US TODAY!

KIDS TRAINING

OPEN SESSIONS MINI KICKS / KIDDY KICKERS / SOCCER SCHOOL
DEVELOPMENT PROGRAMME
FC PLANET ACADEMY PROGRAM

CHILDRENS TRAINING STARTS FROM 4 YEARS OLD TO 17 YEARS OLD.
THESE ARE THE VARIOUS PROGRAMS CURRENTLY AVAILABLE



ADULT'S 6-A-SIDE LEAGUE

NEW TEAMS/PLAYERS WANTED
CONSTANTLY LOOKING FOR NEW TEAMS FOR OUR MID-WEEK 6-A-SIDE LEAGUE.
GAMES ARE PLAY ON WEDNESDAY & THURSDAY FROM 7PM ONWARDS.
LOOKING TO CREATE TWO DIVISIONS IN THIS COMPETITIVE OPEN AGE LEAGUE.

ACADEMY TRIALS

FC PLANET U9'S (2014) / U8'S (2015) / U7'S (2016)

FREE TRIALS FOR U7-U9 CHILDREN (BORN 2016-2014) THROUGHOUT SEPTEMBER
TO CREATE NEW TEAMS.

ALSO ACTIVELY LOOKING FOR PLAYERS FOR CURRENT U10-U17 TEAMS.
CHILDREN BORN 2013-2006 ONTACT COACH FOR MORE INFORMATION & TO REGISTER



EXPATS SOCIAL FOOTBALL

SOCIAL OVER 35'S GAMES

IF YOUR LOOKING TO GET INVOLVED IN SOME DROP-IN FOOTBALL THIS IS
IDEAL FOR YOU. THE EXPATS GAMES TAKE PLACE MONDAY, TUESDAY &
FRIDAY FROM 7PM - 9PM. PLAYERS OF ALL ABILITY LEVELS WELCOME. TO
JOIN IN - LIKE & FOLLOW OUR PAGE:
WWW.FACEBOOK.COM/PLANETFOOTBALLEXPATS

SPORT CAMPS

FRIGHTENING MID-TERM FOOTBALL CAMP

MONDAY 16TH TO FRIDAY 20TH OCTOBER 2023 - 9AM TO 2PM EACH DAY.
HALLOWEEN BASED FOOTBALL CAMP INVOLVING OTHER SPORTS & ACTIVITIES
OPEN TO BOYS & GIRLS AGED 7-15 YEARS

CHRISTMAS FOOTBALL CAMP

MONDAY 18TH TO FRIDAY 22ND DECEMBER 2023 - 9AM TO 2PM EACH DAY.
FESTIVE FOOTBALL CAMP INVOLVING OTHER SPORTS & ACTIVITIES
OPEN TO BOYS & GIRLS AGED 7-15 YEARS



VIP 7-A-SIDE LEAGUE

OVER 35'S SOCIAL FUN LEAGUE

CURRENTLY LOOKING FOR TEAMS TO RELAUCH OUR V.I.P OVER 35'S LEAGUE.
THIS FUN, YET COMPETITIVE LEAGUE WILL BE PLAYED ON FRIDAY FROM 7PM
ONWARDS. WE WOULD LIKE 6-8 TEAMS TO HELP START THE NEW SEASON.

FOR MORE INFORMATION:

CONTACT: JOHN@PATTAYAFOOTBALL.COM - 085 157 5186

CONTACT: HARRY@PATTAYAFOOTBALL.COM - 093 002 3701

FIND US:



* 7V7, 9V9, 11V11 AVAILABLE
* TOURNAMENTS
* SPECIALIZED TRAINING
* CORPORATE DAYS
* IN SCHOOL COACHING
* BIRTHDAY PARTIES
* PROMOTIONS
* LATEST NEWS
* AND MUCH MORE...



WWW.PATTAYAFOOTBALL.COM

WWW.FACEBOOK.COM/PLANETFOOTBALLEXPATS

Siriyothin Accounting & Law Office

- Bookkeeping
- Financial Report Auditing
- Taxation
- Company Establishing
& Registration

IF YOU NEED HELP WITH YOUR ACCOUNTS
CONTACT ME ON

Tel.080-4432899

Email: sampattaya2020@gmail.com

152/1 m12 Jomtien Beach Road Soi 1 Pattaya



THE EASTERN SEABOARD'S HUB FOR PREMIUM QUALITY FITNESS AND SPORTS AMENITIES

For hospitality, real estate, and home use



Check out our e-commerce website and enjoy better health in 2023 with some of these premium products



Balanced Body Studio Reformer



Laykold Tennis Surfaces



IC8 Power Trainer

Sports Engineering And Recreation Asia Ltd, is a professional and trusted specialist offering a large range of quality products that address both health related and skill related fitness components for home or commercial application.

When you invest in equipment, facilities, and service of this caliber you can expect the best in design, bio-mechanics, product integrity and service support!



www.searasports.com

info@searasports.com

+66 (0) 38 231 376

Bangkok Phuket Pattaya Samui Hua Hin Ho Chi Minh City Hanoi Phnom Penh Yangon Mandalay Dhaka Malé



Rotary Club Eastern Seaboard brings smiles to many underprivileged kids with their annual Christmas Bag action

Rotary Club Eastern Seaboard has been bringing happiness to Pattaya's less fortunate children through its annual Christmas Bags project, for many years.

RCES prints 500 multi-use mini rucksacks each year that are then filled with special Christmas treats for these underprivileged kids with our "in-house" Santa doing the rounds of Children's Homes and orphanages during December.



Local International Schools support through their open days where students and parents are encouraged to decorate and write personal Christmas messages on each of these bags.

Excitement always runs high as Santa's arrival is eagerly awaited. Most of the children have prepared and rehearsed special Christmas songs and eagerly perform to gain favour with Santa. The looks of joy on their faces as each receives their gift is wonderful. The bags are filled with special and useful treats for the kids including pens, books, crayons, hygienic articles and of course some snacks and sinful sweets.



RCES raises funds for these actions during the year and are ways looking for support from local businesses and individuals. If you would like to contribute to this most worthy cause, please contact Rotary Club Eastern Seaboard

<https://www.facebook.com/RotaryClubEasternSeaboard>
info@rotary-es.org

Rotary Club Eastern Seaboard

Fabulous Christmas Party

Friday 15th December 2023

5.30 for 6.00 pm

Siam Bayshore Hotel Parkview Ballroom

An evening of Christmas Merriment with Live Music & Dancing
Sumptuous Christmas Buffet, Red & White Wine, Beer
& Soft Drinks will be served throughout the evening.

Table Booking will seat 10

Tickets 1,950 Baht pp

Booking, only confirmed with payment
Tickets will not be available at the door.

For Bookings please contact Michael Todd - White

Email: rces2021@yahoo.com

Dress Code: Smart Festive





WE'VE GOT YOU COVERED

International Repatriation Services

Worldwide Funeral Services

Pre-planning Funerals Services



Web: <https://www.amarinternational.com>
Bio House Tower, 3rd Floor, 55 Soi Phrompong,
Klongtan Nua, Wattana, Bangkok 10110
Tel: +66 2 258 5946, Mob: +66 98 564 2961, +66 92 859 5616



KAREN SERVICES

VISA AND PROPERTY

Now Available at Karen Services

1. Visa Extention
2. Visa Run to Cambodia
3. TM 30 Report
4. The 90 days report
5. Company registration and Account
6. Taxi Booking
7. Legal Consulting
8. Translations and interpretation (Thai to English and English to Thai)
9. Property for Sale and for Rent.



งานบริการที่มีในร้านคาเรน

1. บริการรับต่อวีซ่าต่างชาติ
2. บริการไปต่อวีซ่าชายแดนกัมพูชา
3. บริการรายงานที่พัก ตม. **30**
4. บริการรายงานตัว **90** วัน
5. บริการรับจด จัดตั้งบริษัทและทำบัญชี
6. บริการจองรถแท็กซี่
7. บริการให้คำปรึกษาด้านกฎหมาย
8. รับแปลเอกสารและแปลสดตามงาน (แปลไทยเป็นอังกฤษและอังกฤษเป็นไทย)
9. อสังหาริมทรัพย์ สำหรับซื้อและขาย

TEL: +66 87 941 3986 Thepprasit Road Soi 7



MAGNA CARTA LAW FIRM

We offer a wide range of
LEGAL SERVICES
and provide expert legal advice.

- LITIGATION
- BAIL BOND
- DIVORCE
- COMPANY FORMATION
- BOI COMPANY REGISTRATION
- BUSINESS LICENSES
- DUE DILIGENCE
- WILLS AND PROBATE
- NOTARY
- CONTRACTS
- VISA AND WORK PERMIT



SECURED LOAN ASSISTANCE

MINIMUM 1M LOAN AMOUNT

- ✓ WE ACCEPT LAND, HOUSE, OR CONDO
- ✓ FAST APPROVAL WITHIN 7 DAYS
- ✓ COMPETITIVE INTEREST RATE
- ✓ NO CREDIT CHECK OR BLACK MARKS

ACCOUNTING AND REAL ESTATE SERVICES

- TRANSFER OF PROPERTY
- PROPERTY DUE DILIGENCE
- BUILDING PERMIT
- MONTHLY ACCOUNTING
- BALANCE SHEET
- TAX PLANNING
- ACCOUNTING SYSTEM



CONTACT US

- + 66 38 37 37 35
- legal@magnacarta.co.th
- www.magnacarta.co.th

FOREIGN BUSINESS LICENSE IN THAILAND By: Magna Carta Law Firm

The Foreign Business License (FBL) is a type of license necessary for foreign companies doing business in Thailand. The Foreign Business Act (FBA) regulates foreign business activities in Thailand. According to the Foreign Business Act B.E. 2542 (1999), foreigners are prohibited from operating some categories of businesses, and some categories of businesses can be operated by obtaining a license or a certificate according to the Business Lists, as the case may be. This law categorizes business activities into three types:

Thai businesses are classified into three types:

Type 1 - These are activities that reserved for Thai nationals;

Type 2 - Some activities are permitted for foreigners under certain conditions; and

Type 3 - These are businesses that foreigners can engage in without restrictions, if permitted by the Director-General of the Department of Business Development with the approval of the Committee.

Thailand's Foreign Business License TYPE 3 is the most common type for international enterprises, allowing a wide range of commercial operations. To conduct foreign business, investors must apply for permission under LIST 3 article 14 or 15 of the Foreign Business Act. Thai companies must submit a principal approval letter to the foreign business department's committee, and once established, a license is required. Companies with a minimum capital of 100 million baht can operate without a license.

Foreigners applying for a foreign business license must meet certain qualifications, including being at least twenty years old,

having a residence in the Kingdom, not being incompetent or quasi-incompetent, not being bankrupt, not having been punished by a court judgment or fine, not having been imprisoned for offenses related to trade, loans, or immigration, and not having had a license revoked within five years of the application date. These qualifications are based on the laws on immigration, the Penal Code, and the law on immigration. The applicant must also not have been imprisoned for cheating, misappropriation, or other trade offenses.

When applying for a Foreign Business License in Thailand, you must meet certain requirements and provide specific documentation. These include identifying eligible business activities, registering a Thai company, meeting minimum capital requirements, maintaining a shareholding ratio, and obtaining documentation from shareholders and directors. The minimum capital requirement may vary depending on the business activity and Thai legislation. Licensees or certificate grantees under the Treaty must have a minimum capital of 25% of the average three-year expected expenditure. Certificate grantees under the Investment Promotion Certificate do not have a minimum capital requirement. The minimum capital must be maintained until the business ceases operations in Thailand. Additional requirements may be specific to the business activity.

The eligibility conditions for a Foreign Business License can be complicated and vary depending on the type of firm and any changes in Thai legislation. It is recommended to seek legal assistance or consult professionals knowledgeable in Thai company rules and regulations to analyze eligibility and handle the application process.



**MAGNA CARTA
LAW FIRM**
www.magnacarta.co.th

- LEGAL SERVICES
- ACCOUNTING SERVICES
- LOAN ASSISTANCE
- COMPANY FORMATION
- DUE DILIGENCE
- VISA & WORK PERMIT
- NOTARY SERVICES

- ✉ info@magnacarta.co.th
- Facebook MagnaCartaLawFirmPattaya
- LinkedIn magnacartalawfirm
- Instagram Magna Carta Law Firm



What's on The Small Screen



Ferry: The Series: Season 1

Ferry Bouman the renowned heroin dealer faces off against fearsome drug kingpin Arie Tack and his motorbike club.



Black Cake

Two estranged siblings receive a puzzling inheritance after their Mother's death and find out about her hidden past.



All the Light We Cannot See Season 1

A blind French teenager meets a German soldier and tries to survive the devastation of World War 2.



The Tailor Season 3

After the death of his grandfather, Peyami has to take care of his mentally ill father.



Lawmen: Bass Reeves Season 1

Story of Reeves Oyelowo and his journey from enslavement to becoming the first Black U.S. Marshal.



Fargo Season 5

John Hamm stars as Sheriff Roy Tillman who pursuits Dot Lyon a seemingly typical housewife



What's on The Big Screen



Napoleon

Joaquin Phoenix, Vanessa Kirby, Tahar Rahim.

Historical drama about Napoleon's ruthless climb to become emperor and his volatile personal life.



Dear David

Justin Long, Andrea Bang, Augustus Prew

Supernatural horror where a man is haunted by the ghost of a boy named David.



The Marvels

Brie Larson, Samuel L. Jackson, Park Seo-Joon, Teyonah Parris

Carol Danvers's powers get entangled with Kamala Khan and Monica Rambeau.



Club Zero

Mia Wasikowska, Sidse Babbett Knudsen, Amir El-Masry

A nutrition teacher starts her new post at an elite school and forms a close bond with five of the students.



Hunger Games: The Ballad of Songbirds & Snakes

Viola Davis, Rachel Zegler, Tom Blyth.

Prequel to the original trilogy set 64 years before the first film



Wish

Ariana DeBose, Alan Tudyk

Walt Disney Computer animated musical about a place where wishes come true.

POINTLESS IN THAILAND

WOULD YOU BUY?

BEER MACHINE AUTOMATIC BREWING DEVICE

Priced at around 66,000 baht, this Beer Machine features improved thermal insulation for more efficient brewing. It has a beer dispensing nozzle, a 10-liter capacity, DC 24V operation, 0-100W power range, and is made of Food Grade 304 Stainless Steel. The machine weighs 18kg and measures 40cm x 28cm x 65cm. No more need to go out and sit at a bar.



DE'LONGHI DEDICA STYLE EC685

The De'Longhi Dedic Style EC685 Espresso Machine – Your Café Experience at Home! For a mere 18k baht experience barista-style coffee in your kitchen. With a 15-bar pressure pump, you'll enjoy rich espresso. It heats up rapidly for quick coffee, and the manual cappuccino system delivers creamy froth for your lattes and cappuccinos. Elevate your coffee game



OONI KODA 16 GAS PIZZA OVEN

Priced around 14,000 baht, the Koda 16 seamlessly marries eye-catching aesthetics with the practicality of gas-powered cooking. This impressive oven features a spacious opening, an expansive cordierite stone cooking surface, and an ingenious L-shaped burner. In keeping with the tradition of Ooni pizza ovens, the Koda 16 effortlessly achieves scorching temperatures of up to 950°F (500°C) - the ideal heat level for crafting flawlessly cooked, stone-baked pizzas.



DOLPHIN NAUTILUS ROBOTIC POOL VACUUM CLEANER

Priced around 40,000 baht, the Dolphin Nautilus CC robotic pool vacuum cleaner boasts impressive wall-climbing abilities for thorough cleaning of both your pool's floor and walls, regardless of the pool's shape or surface. This compact cleaning device is equipped with a weekly timer and offers all the advanced scrubbing and filtration features necessary for comprehensive pool maintenance.





AMA FASHION PATTAYA

Bespoke Tailor

อานาแฟชั่น

AMA FASHION



VISIT OUR BEAUTIFUL STORE ON PATTAYA KLANG

+ (66) 38 361 861, 084 137 7783

✉ chris-thailand@hotmail.com 🌐 www.ama-fashion.com

NEVER A DULL MOMENT IN PATTAYA

B A R R Y U P T O N

Vloggers abound on YouTube, some interesting and some not so. There are some very slick edited travelogues which are glossy and informative about destinations almost anywhere in the world and it's now possible to virtually experience what it would be like to visit all the places you ever dreamed of experiencing. The presentation of these features can be very often hit & miss with amateur wannabees not always hitting the mark, some trying too hard and some without the necessary talent to pull off the job.



Last year I stumbled upon a vlogging channel with the title 'Vlogging A Dead Horse' which amused me so I watched an item. The presenter, Sean King, then got me hooked with his shambolic, chaotic, but unique humorous style and, to date, his channel is my go to TV choice as I know I'm going to be thoroughly entertained. His Vlogs are almost completely unedited being filmed on a GoPro via a selfie stick with Sean constantly talking about his extremely honest thoughts and reactions to wherever he may be, usually somewhere in S.E. Asia with Thailand being his favoured country for many reasons. I have always been drawn to uniqueness and a fresh approach so when coupled with lots of humour and character, then 'I'm going in'.



Recently, Sean came to Pattaya and it wasn't long before we arranged a supposed short meet up which then lasted nine hours resulting in him doing a vlog about my studio and then, me showing him around many delights of the greater Pattaya area that Tommy Tourist easily misses by not exploring outside of the downtown area.

Then, as Sean has so many subscribers to his channel and becoming aware of his immense fan base, I hit on the idea of us working together on a song and music video because, as regular readers know, that's one of the creative things I do. As I needed to bring out his fun personality in a three minute song, I set about writing some lyrics with a kind of seventies style funk backing as we're both fans of that genre.

One of his many addictive 'catchphrases' was the line 'two naughty girls and a bottle of champagne' (I cleaned that up a bit for this up market magazine). So a similar title was decided on which, as per Sean's personality, could be a tad provocative. After recording the song, we filmed the video in Jomtien with a couple of willing female friends and the result should, by the time you're reading this, be up gracing YouTube, both on my channel FAB BAZ MUSIC TV and Sean's VLOGGING A DEAD HORSE channel. Big fun indeed!



Another first for me happened last month at the PATTAYA CITY EX-PATS CLUB which meets on a weekly basis every Wednesday at the Holiday Inn on Beach Road.

My presentations there are always musically based, but this time I challenged myself to write a song in less than 45 minutes, completely fresh and unprepared, with suggestions for style and content from the assembled audience and constructed in front of their very eyes.

We did it with about 5 minutes to spare and I've made a simple demo of the resulting song called 'Paradise Beach In The Sunshine'.



Again, check out FAB BAZ MUSIC TV for a gander. If you positively seek out fun & frolics in this wonderful place called Pattaya, there is most definitely never a dull moment to be had.

CROSS WORD NOVEMBER 2023

Across

1. Destiny
5. Female horse
9. Molar
14. Gemstone
15. Highly excited
16. Relating to sound
17. Part of the neck
18. Deep loud noise
19. Move furtively
20. Three-legged stand
22. Skilful in movement
24. Change location
26. Cut in three
31. Religious doctrine
33. Relating to the eye
34. Subsequently
37. Become known
39. Animal foot
40. Formal association
41. Spanish title
42. Chief
45. Branch of knowledge
47. Agreement
48. Specific anesthetic
50. Flow of water in the same direction as the wind
52. Worked hard
55. Bluish shade of green
57. Shrub
59. Length of sawn wood
63. Lather
65. Small restaurant
66. Spooky
67. Boundary
68. Notion
69. Entice
70. Facial expression
71. Limited period of time

Down

1. Typeface
2. Separate
3. Nocturnal ungulate
4. Raise
5. Arboreal mustelid
6. In the past
7. Highway
8. White heron
9. Plan of action
10. Belonging to us
11. Lyric poem
12. Draw
13. Jump lightly
21. At any time
23. Fern leaf
25. Lull
27. Take a little at a time
28. Leave or strike out
29. Religious song
30. Tendency
32. Test
34. Offend
35. Travesty
36. Two times
38. Distribute
40. Lightheaded
43. Negation of a word
44. Field game
45. Impartial
46. Illegal
49. Metallic element
51. Tripod
53. Elude
54. Postpone
56. Connecting point of several lines
58. Side
59. Domestic companion
60. Sheltered side
61. Limb
62. Pinch
64. Historic period

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
17					18					19				
20				21			22		23					
	24					25		26			27	28	29	30
				31			32		33					
34	35	36				37		38						
39					40							41		
42			43	44						45	46			
47							48		49					
50						51		52				53	54	
				55			56		57					58
59	60	61	62			63		64			65			
66						67					68			
69						70					71			

SOLUTIONS ARE ON PAGE 49

SUDOKU NOVEMBER 2023

SOLUTIONS ARE ON PAGE 58

		8	7		5		
	5			8	2		
		9			4	3	
					4		
		7		2		3	
3	9	6					
			6				
			4	9	2	7	6
4						9	

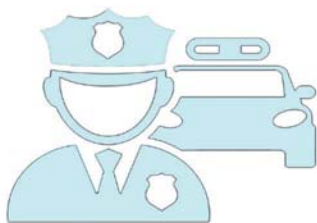
2		5				6	
		7			4	5	8
	6			8			7
							2
		6	9	7	8		3
			3	4			
							5
	3	9	7				6

			9			6	5
	4					7	
5	8						
7	6	4					
		1	5				
8		3	4			9	6
	3		6			8	
				8	9	7	
			1	3	9		

		4				2	
3					1	6	
8	2	7	4			1	
						8	
9			2				1
	4		3				
	3				8		
2	8			7		9	3
7		1	9				8



IMPORTANT TELEPHONE NUMBERS



POLICE

Emergency Hotline: 191
 Pattaya Police Station: Soi 9 Pattaya
 Phone: 038 420- 802, 038-420 805 0-3842-9325
 Banglamung Police Station, Sukhumvit Highway)
 Phone: 038 221 800, 038 221 331
 Tourist Police: Phratamnak Road
 Emergency Hotline: 1155
 Phone 03841 4669, 03842 5937,

AMBULANCE AND HOSPITALS

General emergency number 191 can be used or 1669
 Pattaya International Hospital
 PhoneTel: 038 428 374-5. Tel: 038-427 575
 Bangkok Hospital Pattaya
 PhoneTel: 038-259-999. 0-3825-9911
 Pattaya Memorial Hospital
 PhoneTel: 038 488 777. 038-429 422

FIRE

Emergency Phone: 199
 Fire Brigade Pattaya
 PhoneTel: 038-425-943,
 Fire Brigade Naklua
 PhoneTel: 038-221-000,

SEA RESCUE

Marine Police
 Phone. 038-423 666
 Sea Rescue
 Phone 038-488 134

ELECTRICITY

Electricity Pattaya
 Phone 0-3842-6463, 0-3842-8502
 Electricity Banglamung
 Phone 0-3822-1007

WATER

Water Works Banglamung
 Phone 0-3822-1463
 Water Works Pattaya
 Phone 0-3822-2462/5

WASTE DISPOSAL

Garbage Collection
 Phone 0-3842-9494



Bringing Businesses Together

Are you looking for a partner to help your business or business community thrive?

At BBX we are an experienced and committed team, designed exclusively to help businesses grow

Who we are?

BBX is a community of business owners with a solution to immediately help with business cashflow needs.

How do we do it?

- We provide interest free credit to business owners in our community
- Business owners use this credit to purchase products and services within the community to help their business grow "No Cash Outlay"

What's our commitment?

- We will continue to build the BBX Business community providing sustainable opportunities focused on business needs
- We will support business initiatives and partnerships, nurturing them in parallel with new ideas.
- We will provide a secure financial platform for transaction management

Your Commitment?

- Our business community transacts via business trade credits. A willingness to be part of this extra revenue stream
- Our community of business owners connects and supports each other via fair trading terms, an understanding that strong relationships prosper with respect

Reach out to us, we are here to help all business grow!

www.bbxworld.com



SOLUTIONS

CROSSWORD PAGE 46

F	A	T	E		M	A	R	E		T	O	O	T	H	
O	P	A	L		A	G	O	G		A	A	U	D	I	O
N	A	P	E		R	O	A	R		C	R	E	E	P	
T	R	I	V	E	T		D	E	F	T					
	T	R	A	V	E	L		T	R	I	S	E	C	T	
			T	E	N	E	T		O	C	U	L	A	R	
A	F	T	E	R		T	R	A	N	S	P	I	R	E	
P	A	W			G	U	I	L	D			D	O	N	
P	R	I	N	C	I	P	A	L		F	I	E	L	D	
A	C	C	O	R	D		L	O	C	A	L				
L	E	E	T	I	D	E		T	O	I	L	E	D		
				C	Y	A	N		P	R	I	V	E	T	
P	L	A	N	K		S	O	A	P		C	A	F	E	
E	E	R	I	E		E	D	G	E		I	D	E	A	
T	E	M	P	T		L	E	E	R		T	E	R	M	

HARD

2	3	8	7	9	4	5	6	1
6	5	4	1	3	8	9	2	7
7	1	9	2	5	6	8	4	3
8	2	1	3	6	7	4	5	9
5	4	7	9	2	1	6	3	8
3	9	6	4	8	5	7	1	2
9	7	5	6	1	2	3	8	4
1	8	3	5	4	9	2	7	6
4	6	2	8	7	3	1	9	5

HARD

2	8	5	1	9	7	6	4	3
3	9	7	2	6	4	5	8	1
4	6	1	5	8	3	2	7	9
7	4	3	6	5	1	8	9	2
1	2	6	9	7	8	4	3	5
9	5	8	3	4	2	7	1	6
5	1	4	8	3	6	9	2	7
6	7	2	4	1	9	3	5	8
8	3	9	7	2	5	1	6	4

MEDIUM

3	2	7	9	8	4	6	1	5
1	4	9	3	5	6	7	2	8
5	8	6	7	2	1	4	3	9
7	6	4	8	9	2	3	5	1
2	9	1	5	6	3	8	4	7
8	5	3	4	1	7	2	9	6
9	3	2	6	7	5	1	8	4
6	1	5	2	4	8	9	7	3
4	7	8	1	3	9	5	6	2

MEDIUM

6	1	4	7	5	3	2	8	9
3	9	5	8	2	1	6	4	7
8	2	7	4	9	6	1	5	3
5	7	3	6	1	9	8	2	4
9	6	8	2	4	5	3	7	1
1	4	2	3	8	7	5	9	6
4	3	9	5	6	8	7	1	2
2	8	6	1	7	4	9	3	5
7	5	1	9	3	2	4	6	8

MONACO MAGIC: GLITZ, GLAMOUR, AND GRACE

By Mandy Supa-arpha Itthikaiwan

Are you mesmerised by the glamorous scenes in James Bond's "GoldenEye" or the world-class Formula 1 race? I certainly am, which is why I went to Monaco.

Arriving at Monte Carlo, the capital of Monaco, my first stop had to be the iconic Casino de

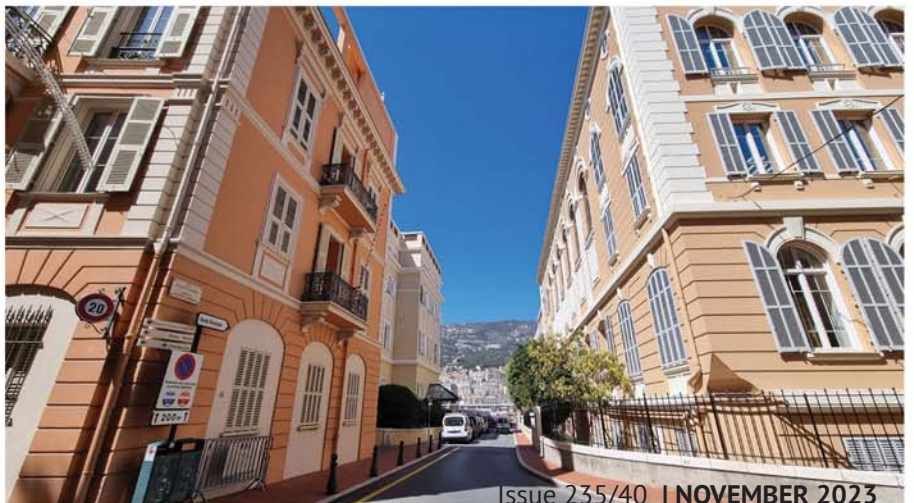
Monte-Carlo, a Belle Époque masterpiece where James Bond's adventures came to life. Even if you're not a gambler, a visit to this architectural gem is a must.

Monte Carlo is synonymous with luxury, elegance, and high-stakes glamour so people-watching here is a delightful pastime. As you stroll the streets, you'll encounter a mix of locals and well-heeled visitors, all impeccably dressed and living life to the fullest. Sit at a sidewalk café and watch the world go by, or visit the renowned Café de Paris near the Casino Square for the ultimate people-watching experience. You might even spot a celebrity or two blending in with the cosmopolitan crowd.

Monaco is a popular residence for wealthy individuals due to its favourable tax laws. Some of the celebrities known to have resided here include F1 stars Lewis Hamilton, David Coulthard, tennis player Rafael Nadal, singers Elton John and Bono, and Film stars Roger Moore and Leonardo DiCaprio. But Monaco offers more than just glitz and glamour. The Cathédrale de Monaco, is a serene and spiritual retreat tucked away in the heart of the city. Its stunning architecture and peaceful ambiance make it a place for quiet contemplation and it is where the late Princess Grace is laid to rest.



A fairy tale unfurled when Grace Kelly, a Hollywood icon, met Prince Rainier III at the Cannes Film Festival. Their whirlwind romance led her to abandon her Hollywood career for life as Princess Grace of Monaco. Together, they graced the principality with elegance and charm, and had three children together. Tragically, the tale took a heartbreaking turn with Princess Grace's life cut short in a car accident. However, her memory lingers on in the hearts of those who visit her final resting place in Monaco's cathedral.





Another gem not to be missed is the Palais du Prince perched high on a rocky promontory overlooking the Mediterranean. This palace has guided tours that take you through opulent state rooms, offering a glimpse into Monaco's royal history. For those seeking a touch of nature, Monaco also offers two exquisite options. The Jardin Exotique, a serene oasis filled with a diverse collection of succulents and cacti. Also, the Musee Oceanographique Monaco, which is perched on a stunning cliff overlooking the Mediterranean. It beckons with a fascinating world of marine life and exhibits, making it a must-visit destination for nature enthusiasts.

Monaco, with its intriguing blend of opulence, history, natural beauty, captivating people-watching, and a star-studded atmosphere, promises an unforgettable experience.





Top Travel Predictions for 2024

By Kanchan Nath

To explore how travel will transport people out of autopilot and into unleashing their best life, Booking.com commissioned research among more than 27,000 travellers across 33 countries and territories, to reveal predictions for travel in 2024.

COOL-CATIONERS

With scorching temperatures pushing the mercury to record-breaking levels and causing heat waves around the world. Sweltering conditions are accelerating a rise in travellers chasing cooler climates to revive and refresh themselves. They also said that being close to water instantly makes them feel more relaxed. As people dive headfirst into aquatic escapes, mindful water immersion will quickly become the next mainstream version of meditation, where the wild-swimming craze meets the ice-therapy movement. This fresh form of feel-alive wellness travel will see floating yoga, water sound baths and snow meditation surge, as well as a boom in ice therapy retreats..



SURRENDER SEEKERS

In 2024, just bring yourself. Travellers increasingly want to surrender themselves to the element of surprise, explore the unknown and venture into uncharted territory on holiday. Averse to the 'sameness' of everyday life and actively avoiding cookie-cutter experiences, the intuitively adventurous traveller of 2024 wants to step outside of the homogenised holiday, preferring to venture off the beaten path and travel with strangers.

The travel industry is already responding fast with tech-enabled flexible services, giving travellers the option to cancel, change plans, and buy now, pay later at the press of a button. The explosion of AI, which has already seen the launch of Booking.com's AI Trip planner, is going mainstream to assist travel plans in the year ahead.

CULINARY EXCAVATORS

Food archaeologists will be more interested in learning about the origins of a destination's 'must-eat' delicacies than they were in the past. Culinary excavators are bucking next-gen food trends in favour of preserving the true craftsmanship of traditional dishes; leaning on gastro-tourism to embrace the unique history, geography and produce that makes for one-of-a-kind cuisine that will awaken the senses. Expect an increase in indigenous experiences that take travellers on trails that tell the story behind the food they serve, bringing pride and income to communities around the globe.



REBOOT RETREATERS

When things are falling apart back home amid global instability and an ever-hectic world, dishevelled travellers are booking one-track trips rooted in self-improvement to bring themselves back to the life they truly want again. The new era of sleep tourism, for example, welcomes sleep concierges and cutting-edge tech to serve the 55% who want to travel in 2024 to solely focus on uninterrupted shut-eye.

Taking the impetus to reinvent their 'real' life even further, travellers revealed that the stripped-back lifestyle of agrarian and indigenous communities, where self-sufficiency is a way of life, would appeal to them in 2024. Beyond just back to basics, the focus is on a better balance with nature and the elements to reset their day-to-day back home.



MINDFUL AESTHETES

Once upon a time, the words sustainable and stylish were not necessarily synonymous, with the words 'eco-travel' conjuring up visions of primitive campsites. Make way for the intersection of design and mindfulness to influence travel in 2024. Gone are the days when comfort and exceptional design were solely associated with excess and extravagance. Discerning travellers will hunt down jaw-dropping architecture that has environmental features, looking for accommodation that has wow-factor sustainability innovation.

Arjan Dijk, Senior Vice President and Chief Marketing Officer at Booking.com comments: "Our 2024 travel predictions reflect the idea that travel is not a means to escape life, but instead a catalyst to live our best lives. From thrilling adventures in a new destination to feeling the pulse of a new culture and every experience in between, travel allows us to become the best version of ourselves. At Booking.com, it's our mission to make it easier for everyone to experience the world and we believe in the power of travel to inspire, transform, and enrich lives and we are committed to empowering extraordinary experiences that resonate with the heartbeat of each and every traveller in 2024 and beyond."



My Office 4 Travel

www.myoffice4travel.com



SPEAK TO ESTHER & HER TEAM FOR ALL YOUR TRAVEL ARRANGEMENTS

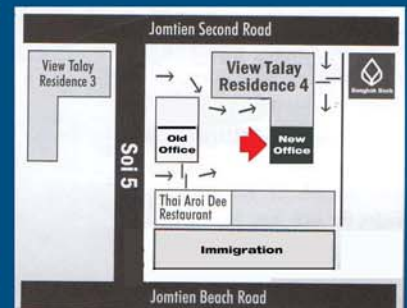
For a bespoke service that you can only get from a professional agent and after-sales service not available online

My Office 4 Travel will take care of you until you're safely back at home.

489/9 Moo12, Jomtien Beach Road
Soi 5, Nongprue, Banglamung,
Chonburi 20150

Tel +66 (38)250040, 252837,
Fax +66 (38)250039,

E-Mail info@myoffice4travel.com
www.myoffice4travel.com





ROTARY ACTION

A fabulous time was had by all at Rotary Club Pattaya Marina's Dinner and Dance event. With funds being raised for The Rotary Foundation's End Polio Now initiative.

Thank you Rodney James Charman and Jayson Talla Camilo for the great photos





ROTARY CLUB PATTAYA CENTER INTERNATIONAL HONOURS SENATOR SUTHAM PHANTUSAK

It was a unique event at Centara Mirage. The newest Rotary Club in town, Pattaya Center International, honoured the late Senator Sutham Phantusak. He was in all the history of Rotary Pattaya, both a unique leader and person. Dr. Darin Phantusak, his oldest daughter, shared the evening with members and friends. Here are some highlights of the speech made on that occasion by our Member Pierre Rothschild:



Dear Dr. Darin

You are our guest of honour tonight as we honour your Daddy. One of the most important Rotarians in the history of Pattaya, and much more. Sutham Phanthusak is one of Pattaya's success stories. His ownership of the Woodlands Resort and Woodlands Suites is well known, as is his taking of the Tiffany's Show to the worldwide prominence it has today. He is remembered as one of the most important, most admired and most loved people in Pattaya.



We are the youngest Rotary Club in Pattaya. So it is an honour and our duty to remember your Daddy. He joined Rotary International in Pattaya early, serving two terms as the local President and another as District Governor. He was a leader for the Boyscout organisation in Thailand and the latest position which he was appointed to was to the Senate in Thailand. Not many have been honoured by King Bhumibol, but Sutham Phanthusak was one of them.

He was born in Trang, in Southern Thailand. His father was a rubber farmer, his mother stayed at home to look after Sutham and his five sisters. He left school when he was 16 years old. His family could not support him financially, and so he moved to Bangkok and entered the hotel business.

Soon he came to Pattaya to the hotel Nipa Lodge which was replaced by the Amari Tower. The Man who hired him is my closest friend in Thailand, the Swiss Hotelier Kurt Rufli, founder of the Amari Hotel Group. Kurt remembers your Daddy well, as an outstanding and hard working young man. Later, he left for other hotels and started his own, unique career.



Sutham noticed that there were no commercial banks in Pattaya, and tourists could only exchange money in their hotel, at less than favourable rates. The currency exchange he started was successful beyond his wildest dreams .

He also began a real estate business, and was approached by a small company called Tiffany's Show. They had a tiny theatre with ten actors in South Pattaya, but it was going nowhere. It is now the largest and best Transgender-Show in the World. The next project was Woodlands Resort , followed by the Yamaha Music Schools, the La Baguette Coffee Shops and many others.

A handful of men "made" Pattaya, your Daddy was one of them. We, as Rotarians, are proud that he was an important member, one of the most important in the Rotarian history, of Pattaya. You, your mother and your two sisters continue his work. To honour him, is to honour us all.



The Rotary Club of Pattaya Center International is the newest Rotary Club in the region and is proud to have members from Thailand and all around the world. We help those in need and maintain an active club life with many events and our club, Language is English. Any interested persons are welcome to contact:
116/18 M.9 Pattaya Klang Road, Nongprue, Banglamung, Chonburi 20150 Telephone 065 490 5153 or join our Facebook page Rotary Club of Pattaya Center International -RCPCI

DISCOVER A UNIQUE DÉCOR AT TARA HOME FROM INDIA TO MOROCCO, BEAUTY FOR YOUR SPACE



If you're on the lookout for unique home or business decor, whether it's for cafes or hotels, you should pay a visit to Tara Home Decor. Here, you'll find an exquisite collection of hand-carved furniture from India, Eastern textiles, and ceramics from Morocco, bohemian trinkets from Bali, and an array of other uniquely beautiful items. These treasures will transform your space into a special and inviting haven.



Our curated selection offers a wide variety of decor items that will cater to diverse tastes and styles. From the intricate designs of Indian furniture to the vibrant ceramics of Morocco, you'll find something that resonates with your vision.

WE ALSO NOW HAVE STORES IN BANGKOK AND PHUKET



TARA
HOME DECOR

www.tarahomedecor.com

- +66 82 974 1644
- Tara Home Decor Store
- @tatahome.ds
- salestaradecor@gmail.com
- 180/102, Huai Yai, Bang Lamung, Chon Buri





VINTERA

VINTERA XL 9, RESHAPING CLASSIC DESIGN.

The modern interpretation of a classic. BLANCO is bringing a touch of country-house style into the kitchen with the Vintera XL 9.

The familiar shape with the striking apron front has been adapted to a modern aesthetic with contemporary design and an appealing granite look in Silgranit.

BLANCO



The first European Chambers Connecting Eastern Seaboard

Held at the Hard Rock Hotel Pattaya by the BCCT, in cooperation with Beluthai, Danish, Finnish, Franco, German, Greek, Irish, Italian, Netherlands, Norwegian, Spanish, Swedish, and Swiss Chambers of Commerce. Also, the European Association for Business and Commerce (EABC) and Thai-European Business Association (TEBA).

A top-class buffet with excellent wines, beer, Thatcher's Gold Cider and Gin from Old Bakery Gin Store London. Lovely to meet some of the sponsors Regents International School and Old Bakery Gin Store.



Well done Khun Ritz Assistant Director of Sales & Marketing, Khun Aussi Food & Beverage Manager the Fantastic Staff of Hard Rock Hotel who looked after us all so well and not forgetting our own BCCT Executive Director Greg Watkins MBE

by Rodney James Charman

DISCOVER PATTAYA



*Why not reach out to tourists, expats and residents alike through **DISCOVER PATTAYA**, the city's premier printed and social media outlet.*

With our complimentary full colour magazine, which is available online at pattayatrader.com from the first of every month and in print, plus our strong social media presence, we can reach the new customers that your business needs.

BE PART OF THE DISCOVERY

With our printed and online magazine DISCOVER PATTAYA, quality videos by Barry & Gloria tailored to your business and extensive social media coverage to our many thousands of followers, your business will get the coverage it needs for success.

☎ 083 768 3696



pattayatrader.com



gloria@pattayatrader.com

FACEBOOK PAGES (21,000 FOLLOWERS)



Pattaya Trader Facebook page



Pattaya Trader Facebook group



Pattaya Trader Expat Ladies group

PLUS 300,000 THROUGH AFFILIATES.



BUYING A PROPERTY IN PATTAYA? WHY YOU SHOULD WORK WITH A QUALIFIED AGENT.

If you're thinking of buying a property in Pattaya in the near future, doing your own research and finding out as much as you can about the place you want to live in is obviously a good thing. Surfing the internet, picking out an area and the type of property that may appeal to you and getting as much local knowledge as you can will help you make that final decision on what is best for you. But when it comes to the actual purchase, going through a property professional, especially in Thailand, is the smart move.

There are certain things in life that should be left to people who know what they're doing, and buying property in Thailand is one of them. Done properly, the purchase of property in the Kingdom can be a straightforward business, but complying with the rules and regulations for a foreigner buying here needs the expertise of someone who has been through the process many times before and is keeping abreast of the latest developments.

SELECTING THE RIGHT PROPERTIES TO SHOW YOU

Once you have given your agent the outline of what you're looking for, they can narrow the field down and book you viewings from their own listings which they feel will suit you best. Viewing property after property that bears no resemblance to your requirements can become dispiriting and can turn something that should be an exciting time into a chore after a while. Don't let the over zealous agent who badly needs a sale railroad you into the wrong choice.

LOCAL KNOWLEDGE

There is only so much information you can get via the internet and an experienced local agent will be able to fill in those gaps that may be the difference on whether you purchase in a certain area or not. Ask as many questions as you need. Make sure to get the full rundown on everything that will help you make a decision on where you should buy. It may be access to schools, hospitals, transport routes, restaurants and bars or the best shopping. Whatever is important to you, your agent should have all the answers.



GUSTAF REAL ESTATE

The people at Gustaf Real Estate have many years of experience in the Real Estate business, both in Thailand and Europe. Their reputation in Pattaya is impeccable, and if you choose them as your preferred agent in Pattaya, you can rest assured that the service you get will be second to none. Even if you are considering buying remotely from abroad, Gustaf Real Estate can help guide you through the process. Thai, English and Swedish spoken.

PRICE NEGOTIATION

If both seller and buyer are willing, there will be a figure that they can both agree on and both will be happy with. Your agent's job is to find that figure as quickly as possible and make sure that all lines of communication are kept open during the negotiations, ensuring a satisfactory completion for both parties.

DOCUMENTATION

This is the most important part of the whole process. There are various rules and regulations that must be adhered to when purchasing in Thailand and your agent must be familiar with all of them. If done correctly, you shouldn't have any problems in securing the property you have chosen. Whether it be a house, condominium or commercial property, make sure anybody acting on your behalf knows exactly what the process involves and can guide it through to completion.

WORKING WITH THE AGENT

Once you have decided on the company you want to use, you can go a long way to securing the property you need by cooperating as best you can with the agent. Attend every arranged viewing, keep in touch with your agent to make sure they are working on your behalf to find the property that you want to buy. Make sure they are aware of any change in your circumstances and don't be afraid to ask questions if you have any misgivings.



 Specious Studio Condo in Jomtien FQ!
For Sale 3.8 MB | Code: PP9907
📏 66 sqm. 🏠 Jomtien Complex



 Charming 3 Bedroom House in East Pattaya
For Sale 3.9 MB | Code: PP9779
📏 150 sqm. / 288 sqm 🏠 SP 4 Village



 Brand New Stunning Sea View 2 Bedroom Condo
in South Pattaya
For Rent 40K THB | Code: PP9850
📏 72.1 sqm. 🏠 Arcadia Millennium Tower



 Exclusive listings - Large 2 Bedroom Condo Sea View
in Pratamnak FQ!
For Sale 6.5 MB | Code: PP9870
📏 123.27 sqm 🏠 Executive Residence 3



 Modern 4 Bedroom Pool Villa in Na-Jomtien
For Sale 9.5 MB | Code: PP9422
📏 186.9 sqm. / 260 🏠 Private House



 Exclusive listings - 3 Bedroom House, Big Plot
in Huay Yai
For Sale 16.9 MB | Code: PC8449
📏 280 sqm. / 1,000 sqm. 🏠 Baan Balina 3



GUSTAF REAL ESTATE

*We speak Scandinavian, English and Thai
So you can relax and trust us 100% to help you
Buy, Sell or Rent a house or condo in Pattaya*



Phone 090 250 36 21
Inncome Mall. Chaiyapruerk Road
Jomtien, Pattaya
www.gustafrealestate.com

Phone 090 250 36 21
View Talay 2
Jomtien, Pattaya
www.gustafrealestate.com